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Welcome to HCI Group

A message from our CEO



Dear valued customer,

Thank you for choosing HCI Group to provide cover for your future medical needs. We are delighted to have the opportunity to share our many years of experience with you.

Our business is founded on the principles of integrity, ambition, collaboration, ownership, and agility. At HCI Group we believe in the importance of listening to our customers. That's why we have designed our NIMBL Health product, which offers flexible solutions to meet your needs. This allows you to be in control, and choose a level of cover that is right for you.

It is important that you read and understand the details in this document, and keep a copy in a safe place. If at any time you have questions for us about your policy, please contact us and our friendly staff will be happy to help.

We sincerely hope that you remain in good health. However, should the need to make a claim arise, you can rest assured that you will receive an excellent and personal level of service from our team of specialists.

Thank you again for choosing HCI Group. I hope we can be of service to you for many years to come.

Ian Wood

Chief Executive Officer, HCI Group

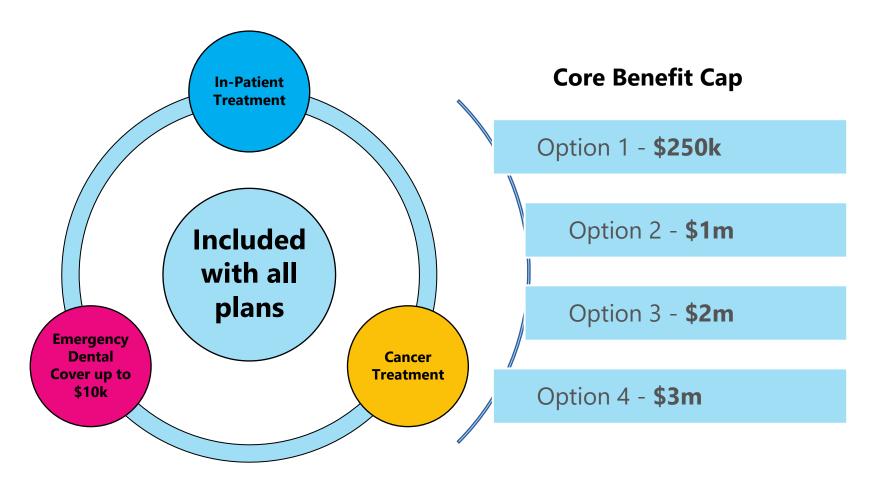


Policy Overview

Core Benefits

These benefits are included in all plans as standard





- The Core Benefit Cap is the combined maximum We will pay in any Period of Insurance per Insured Person, including Policies which have Optional Additional Benefits included.
- Please refer to **Your Certificate of Insurance** to confirm which **Core Benefit Cap You** have chosen; the cap is a combined total that applies to the benefits shown here, which are included as standard in **Your Policy**. **You** choose the overall cap that best suits **Your** needs. Amounts are shown in USD.

Optional Additional Benefits These are modular benefits that can be added to Your Policy



Benefit type	Default option	Option 1	Option 2	Option 3	Deductible applies
Out-Patient Cover	None	\$2.5k	\$7.5k	Full refund	Yes
Routine Dental Cover	None	\$1k	\$2k	\$3k	No
Maternity Cover (Group Schemes only)	\$5k	None	\$10k	\$15k	No

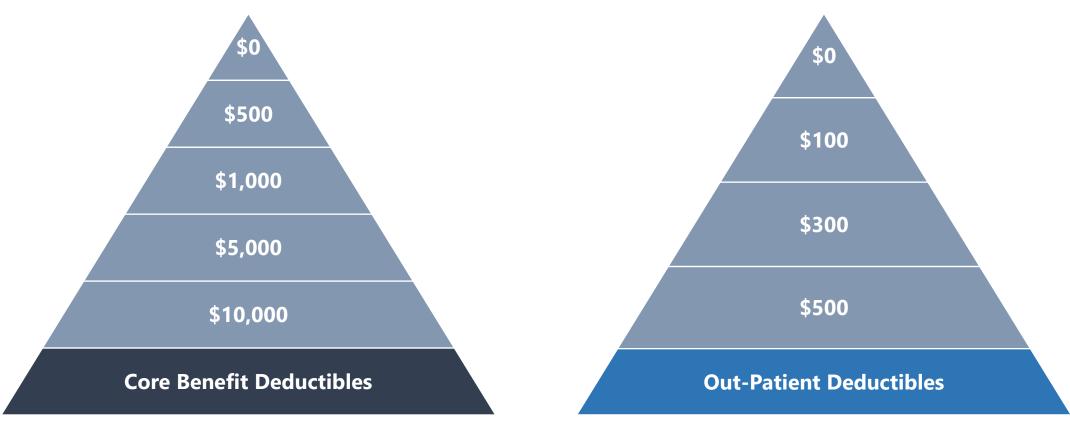
Benefit type Default option		Option 1	Deductible applies	
Assistance & Evacuation	None	Full refund	No	

- Please refer to Your Certificate of Insurance to confirm which Optional Additional Benefits, if any, You have chosen.
- Amounts are shown in USD and represent the relevant Optional Additional Benefit Caps.
- Where benefits are shown, We have made clear whether they are Core Benefits (included as standard) or Optional Additional Benefits; the latter, if you choose to add them, will be subject to the selected limit.
- Optional Additional Benefit Caps, including 'full refund' where selected for Out-Patient Cover, are still subject to Your selected Core Benefit Cap.
- Maternity Cover is available to Group Schemes only.
- All Group Schemes include \$5k Maternity Cover as standard, but this may be removed and a discount applied upon request at the application stage. You may also request to add higher levels of cover. Please refer to Your Certificate of Insurance to confirm whether You have Maternity Cover included on Your Policy, and if so, what Optional Additional Benefit Cap has been selected.

Deductibles

Deductibles available for Core Benefits and Additional Benefits





- Please refer to **Your Certificate of Insurance** to confirm which **Deductible** option(s) **You** have chosen. If **You** have chosen to add **Out-Patient Cover**, **You** will have two **Deductibles**.
- Amounts are shown in USD.
- Deductibles are payable once per Insured Person, per Period of Insurance.

Summary of benefit structure

An explanation of how Your Policy will work, based on Your choices



All benefits, including Optional Additional Benefits, are subject to a combined overall limit which is Your selected Core Benefit Cap

Type of Benefit	Status	Limits
In-Patient Cover	Included in all plans	Subject to selected Core Benefit Cap
Cancer Cover	Included in all plans	Subject to selected Core Benefit Cap
Emergency Dental Cover	Included in all plans	Subject to selected Core Benefit Cap
Routine Dental Cover	Optional benefit that can be added	Subject to the selected Optional Additional Benefit Cap
Out-Patient Cover	Optional benefit that can be added	Subject to the selected Optional Additional Benefit Cap (or Core Benefit Cap if 'full refund' is Your chosen option)
Maternity Cover	Optional benefit on Group Schemes only	Subject to selected Optional Additional Benefit Cap
Assistance & Evacuation	Optional benefit that can be added	Subject to selected Core Benefit Cap

We will pay for Insured Events under one of the Types of Benefit listed here. As this table illustrates, not all benefits are included as standard with Your Policy. Some benefits, regardless of their type, will be subject to specific sub-limits. In this document, We have labelled each benefit to make these details clear.

Each Optional Additional Benefit may be added in isolation. If selected, each Optional Additional Benefit will be subject to its own limit, chosen by You.

Quotes for **Group Schemes** will include \$5k **Maternity Cover** as standard, which may be removed if not required; upgrades may also be requested.

Areas of Cover

The Areas of Cover available to You

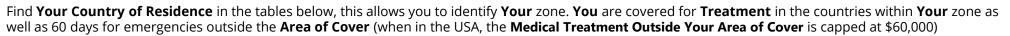
Find **Your Country of Residence** in the tables below, this allows you to identify **Your** zone. **You** are covered for **Treatment** in the countries within **Your** zone as well as 60 days for emergencies outside the **Area of Cover** (when in the USA, the **Medical Treatment Outside Your Area of Cover** is capped at \$60,000)



Afghanistan	zone 1	British Indian Ocean Territory	zone 0	Dominica	zone 2		
Åland Islands	zone 4	British Virgin Islands	zone 4	Dominican Republic	zone 2		
Albania	zone 4	Brunei Darussalam	zone 1	Ecuador	zone 2	Guinea-Bissau	zone 0
Algeria	zone 0	Bulgaria	zone 5	Egypt	zone 0	Guyana	zone 2
Andorra	zone 4	Burkina Faso	zone 0	El Salvador	zone 2	Haiti	zone 2
Angola	zone 0	Burundi	zone 0	Equatorial Guinea	zone 0	Heard Island and McDonald	C
Anguilla	zone 4	Cabo Verde	zone 0	Eritrea	zone 0	Islands	zone 6
Antarctica	zone 6	Cambodia	zone 1	Estonia	zone 4	Holy See [Vatican City]	zone 4
Antigua and Barbuda	zone 2	Cameroon	zone 0	Eswatini	zone 0	Honduras	zone 2
Argentina	zone 2	Canada	zone 6	Ethiopia	zone 0	Hong Kong	zone 7
Armenia	zone 1	Cayman Islands	zone 4	Falkland Islands (Malvinas)	zone 2	Hungary	zone 5
Aruba	zone 2	Central African Republic	zone 0	Faroe Islands	zone 4	Iceland	zone 4
Ascension and Tristan da Cui	nha zone 0	Chad	zone 0	Fiji	zone 3	India	zone 1
Australia	zone 6	Chile	zone 7	Finland	zone 4	Indonesia	zone 1
Austria	zone 4	China	zone 7	France	zone 4	Iraq	zone 1
Azerbaijan	zone 1	Christmas Island	zone 6	French Guiana	zone 4	Ireland	zone 4
Bahamas	zone 2	Cocos(Keeling)Islands	zone 6	French Polynesia	zone 4	Isle of Man	zone 4
Bahrain	zone 6	Colombia	zone 2	French Southern Territories	zone 0	Israel	zone 6
Bangladesh	zone 1	Comoros	zone 0	Gabon	zone 0	Italy	zone 4
Barbados	zone 2	Congo	zone 0	Gambia	zone 0	Jamaica	zone 2
Belarus	zone 5	Cook Islands	zone 7	Georgia	zone 1	Japan	zone 4
Belgium	zone 4	Costa Rica	zone 2	Germany	zone 4	Jersey	zone 4
Belize	zone 2	Côte d'Ivoire	zone 0	Ghana	zone 0	Jordan	zone 6
Benin	zone 0	Croatia	zone 4	Gibraltar	zone 4	Kazakhstan	zone 1
Bermuda	zone 7	Cuba	zone 2	Greece	zone 4	Kenya	zone 0
Bhutan	zone 1	Curaçao	zone 2	Greenland	zone 6	Kiribati	zone 3
Bolivia	zone 2	Cyprus	zone 4	Grenada	zone 2	Kuwait	zone 6
Bonaire	zone 2	Czechia	zone 5	Guadeloupe	zone 4	Kyrgyzstan	zone 1
Bosnia and Herzegovina	zone 4	Democratic Republic of the	70000	Guam	zone 3	Lao People's Democratic	zone 1
Botswana	zone 0	Congo	zone 0	Guatemala	zone 2	Republic	20116-1
Bouvet Island	zone 2	Denmark	zone 4	Guernsey	zone 4	Latvia	zone 4
Brazil	zone 7	Djibouti	zone 0	Guinea	zone 0	Lebanon	zone 6

Areas of Cover

The Areas of Cover available to You



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Lesotho	zone 0
Liberia	zone 0
Libya	zone 0
Liechtenstein	zone 4
Lithuania	zone 4
Luxembourg	zone 4
Macao	zone 7
Madagascar	zone 0
Malawi	zone 0
Malaysia	zone 1
Maldives	zone 1
Mali	zone 0
Malta	zone 4
Marshall Islands	zone 3
Martinique	zone 4
Mauritania	zone 0
Mauritius	zone 0
Mayotte	zone 0
Mexico	zone 7
Micronesia	zone 3
Moldova	zone 5
Monaco	zone 4
Mongolia	zone 1
Montenegro	zone 4
Montserrat	zone 2
Morocco	zone 0
Mozambique	zone 0
Myanmar	zone 1
Namibia	zone 0
Nauru	zone 3
Nepal	zone 1
Netherlands	zone 4

New Caledonia	zone 4
New Zealand	zone 6
Nicaragua	zone 2
Niger	zone 0
Nigeria	zone 0
Niue	zone 3
Norfolk Island	zone 6
North Macedonia	zone 4
Northern Mariana Islands	zone 3
Norway	zone 4
Oman	zone 6
Pakistan	zone 1
Palau	zone 3
Palestine	zone 6
Panama	zone 2
Papua New Guinea	zone 3
Paraguay	zone 2
Peru	zone 2
Philippines	zone 1
Pitcairn	zone 3
Poland	zone 5
Portugal	zone 4
Puerto Rico	zone 4
Qatar	zone 6
Réunion	zone 0
Romania	zone 5
Russian Federation	zone 6
Rwanda	zone 0
Saint Barthélemy	zone 2
Saint Helena	zone 0
Saint Kitts and Nevis	zone 2
Saint Lucia	zone 2

Saint Martin (French part)	zone 4
Saint Pierre and Miquelon	zone 4
Saint Vincent and the Grenadines	zone 2
Samoa	zone 3
San Marino	zone 4
Sao Tome and Principe	zone 0
Sark	zone 4
Saudi Arabia	zone 6
Serbia	zone 4
Seychelles	zone 0
Sierra Leone	zone 0
Singapore	zone 7
Sint Eustatius and Saba	zone 2
Sint Maarten (Dutch part)	zone 4
Slovakia	zone 5
Slovenia	zone 4
Solomon Islands	zone 3
Somalia	zone 0
South Georgia and the South Sandwich Islands	zone 4
South Korea	zone 4
South Sudan	zone 0
SouthAfrica	zone 4
Spain	zone 4
SriLanka	zone 1
Sudan	zone 0
Suriname	zone 2
Svalbard and Jan Mayen	zone 4

Sweden	zone 4
Tajikistan	zone 1
Tanzania	zone 0
Thailand	zone 1
Timor-Leste	zone 1
Годо	zone 0
Tokelau	zone 3
Tonga	zone 3
Trinidad and Tobago	zone 2
Tunisia	zone 0
Turkey	zone 4
Turkmenistan	zone 1
Turks and Caicos Islands	zone 4
Tuvalu	zone 3
Uganda	zone 0
Ukraine	zone 5
United Arab Emirates	zone 6
United Kingdom	zone 7
Uruguay	zone 2
Uzbekistan	zone 1
Vanuatu	zone 3
Venezuela	zone 7
Vietnam	zone 1
Wallis and Futuna	zone 4
Western Sahara	zone 0
Yemen	zone 6
Zambia	zone 0
Zimbabwe	zone 0

Areas of Cover

The Areas of Cover available to You



OPTION 1: Identify **Your** zone based on the table above - **Your** zone is driven by **Your Country of Residence**. **You** are covered for **Treatment** in the countries within **Your** zone as well as 60 days for emergencies outside the **Area of Cover**. (when in the USA, the **Medical Treatment Outside Your Area of Cover** is capped at \$60,000)

ZONE 0	ZONE 1	ZONE 2	ZONE 3	ZONE 4	ZONE 5	ZONE 6	ZONE 7
Algeria, Angola, Benin, Botswana, British Indian Ocean Territory, Burkina Faso, Burundi, Cabo Verde, Cameroon, Central African Republic, Chad, Comoros, Congo, Côte d'Ivoire, Democratic Republic of the Congo, Djibouti, Egypt, Equatorial Guinea, Eritrea, Eswatini, Ethiopia, French Southern Territories, Gabon, Gambia, Ghana, Guinea, Guinea-Bissau, Kenya, Lesotho, Liberia, Libya, Madagascar, Malawi, Mali, Mauritania, Mauritius, Mayotte, Morocco, Mozambique, Namibia, Niger, Nigeria, Réunion, Rwanda, Saint Helena, Ascension and Tristan da Cunha, Sao Tome and Principe, Senegal, Seychelles, Sierra Leone, Somalia, South Sudan, Sudan, Tanzania, Togo, Tunisia, Uganda, Western Sahara, Zambia, Zimbabwe	Afghanistan, Armenia Azerbaijan, Bangladesh Bhutan, Brunei Darussalam, Cambodia, Georgia, India, Indonesia, Iraq, Kazakhstan, Kyrgyzstan, Lao People's Democratic Republic, Malaysia, Maldives, Mongolia, Myanmar, Nepal, Pakistan, Philippines, Sri Lanka, Tajikistan, Thailand, Timor-Leste, Turkmenistan, Uzbekistan, Vietnam	Antigua and Barbuda, Argentina, Aruba, Bahamas, Barbados, Belize, Bolivia, Bonaire, Sint Eustatius and Saba, Bouvet Island, Colombia, Costa Rica, Cuba, Curaçao, Dominica, Dominican Republic, Ecuador, El Salvador, Falkland Islands (Malvinas), Grenada, Guatemala, Guyana, Haiti, Honduras, Jamaica, Montserrat, Nicaragua, Panama, Paraguay, Peru, Saint Barthélemy, Saint Kitts and Nevis, Saint Lucia, Saint Vincent and the Grenadines, Suriname, Trinidad and Tobago, Uruguay	Fiji, Guam, Kiribati, Marshall Islands, Micronesia, Nauru, Niue, Northern Mariana Islands, Palau, Papua New Guinea, Pitcairn, Samoa, Solomon Islands, Tokelau, Tonga, Tuvalu, Vanuatu	Åland Islands, Albania, Andorra, Anguilla, Austria, Belgium, British Virgin Islands, Bosnia and Herzegovina, Cayman Islands, Croatia, Cyprus, Denmark, Estonia, Faroe Islands, Finland, France, French Guiana, French Polynesia, Germany, Gibraltar, Greece, Guadeloupe, Guernsey, Holy See [Vatican City], Iceland, Ireland, Isle of Man, Italy, Japan, Jersey, Latvia, Liechtenstein, Lithuania, Luxembourg, Malta, Martinique, Monaco, Montenegro, Netherlands, New Caledonia, North Macedonia, Norway, Portugal, Puerto Rico, Saint Martin (French part), Saint Pierre and Miquelon, San Marino, Sark, Serbia, Sint Maarten (Dutch part), Slovenia, South Africa, South Georgia and the South Sandwich Islands, South Korea, Spain, Svalbard and Jan Mayen, Sweden, Turkey, Turks and Caicos Islands, Wallis and	Belarus, Bulgaria, Czechia, Hungary, Moldova, Poland, Romania, Slovakia, Ukraine	Antarctica, Australia, Bahrain, Canada, Christmas Island, Cocos (Keeling) Islands, Greenland, Heard Island and McDonald Islands, Israel, Jordan, Kuwait, Lebanon, New Zealand, Norfolk Island, Oman, Palestine, Qatar, Russian Federation, Saudi Arabia, United Arab Emirates, Yemen	Bermuda, Brazil, Chile China, Cook Islands, Hong Kong, Macao, Mexico, Singapore, United Kingdom, Venezuela For Zone 7 members, cover for all countries outside of the USA is included at no extra cost.

OPTION 2: Upgrade and be covered WORLDWIDE EXCLUDING THE USA - including Medical Treatment Outside Your Area of Cover for up to 60 days up to a maximum of \$60,000 when in the USA.

OPTION 3: Upgrade and be covered **WORLDWIDE INCLUDING THE USA**.

Please refer to Your Certificate of Insurance to confirm which Area of Cover option You have chosen.

Important information about Your Policy

An explanation of how Your Policy will work, based on Your choices



Your Policy will automatically renew each year on Your Renewal Date, unless You notify Us that You do not wish to continue cover. You will be notified in good time ahead of Your Renewal Date with Your renewal quote.

<u>Downgrades</u> – **You** may reduce the levels of cover within **Your** NIMBL **Policy** at the point of renewal. When deciding **Your** new limits, **You** will be free to choose from any available lower level of cover, or remove any **Optional Additional Benefits You** may have. Increasing **Your Deductible(s)** would be considered downgrading.

<u>Upgrades</u> – **You** may apply to increase **Your** levels of cover at the point of renewal; these options include adding **Optional Additional Benefits**, reducing the **Deductible**, or changing the limits on benefits **You** already have. Please note that applications to upgrade are subject to further underwriting, and are not guaranteed to be accepted.

Please note that **You** may not make changes to **Your** level of cover during the **Period of Insurance**.

You are eligible to apply for cover up until **Your** 65th birthday. If **Your** application is accepted, there is no upper age limit at which cover will automatically end as long as the product remains available to the market. For **Group Schemes** there is no maximum joining age for employees who are actively at work.



What We will pay and the limits that apply. The limits apply per Insured Person, per Period of Insurance.



Benefit	Limit	Description	Type of Benefit	Category of benefit	Deductible
Accommodation, operating theatre, and recovery room costs	100% of costs, subject to Your selected Core Benefit Cap shown on Your Certificate of Insurance	 We will pay for: The use of an operating theatre Charges for Your Hospital accommodation, including all Your meals and refreshments Accommodation in a room that is no more expensive than the Hospital's standard single room with a private bathroom The length of stay that is medically appropriate for the procedure that You are admitted for We will pay for intensive care in an intensive care unit or intensive therapy unit, high dependency, or coronary care unit (or their equivalents) when: It is an essential part of Your Treatment and is required routinely by patients undergoing the same type of Treatment as Yours; or It is medically necessary in the event of an unexpected circumstances. This benefit covers Treatment as an In-Patient for all conditions, subject to the general exclusions applicable to this Policy and any explicit limitations stated among the benefits for specific types of conditions and Treatment. This benefit includes cover for Acute Conditions, including those arising from Chronic Conditions. 	In-Patient Cover	Core Benefit	Your selected Core Benefit Deductible applies to this benefit
Nursing	100% of costs, subject to Your selected Core Benefit Cap shown on Your Certificate of Insurance	We will pay for nursing services during In-Patient and Day-Patient care.	In-Patient Cover	Core Benefit	Your selected Core Benefit Deductible applies to this benefit

What We will pay and the limits that apply. The limits apply per Insured Person, per Period of Insurance.



Benefit	Limit	Description	Type of Benefit	Category of benefit	Deductible
Prescription Drugs and Medicines	100% of costs, subject to Your selected Core Benefit Cap shown on Your Certificate of Insurance	We will pay for Prescription Drugs and Medicines and surgical dressings you need as part of your Treatment in Hospital. We will also pay for Prescription Drugs and Medicines which are prescribed to You upon discharge as an In-Patient.	In-Patient Cover	Core Benefit	Your selected Core Benefit Deductible applies to this benefit
Physician, specialist, surgeon, and anaesthetist fees	100% of costs, subject to Your selected Core Benefit Cap shown on Your Certificate of Insurance	We will pay Physicians ', surgeons', and anaesthetists' fees for a surgical operation, including all pre- and post-operative care.	In-Patient Cover	Core Benefit	Your selected Core Benefit Deductible applies to this benefit
Medical second opinion	100% of costs, subject to Your selected Core Benefit Cap shown on Your Certificate of Insurance	We will pay for the evaluation of Your medical history, Your diagnosis, and Your treatment plan by a medical specialist authorised by Us .	In-Patient Cover	Core Benefit	Your selected Core Benefit Deductible applies to this benefit
Hospital Cash Benefit	\$250 per day up to 45 days, and subject to Your selected Core Benefit Cap shown on Your Certificate of Insurance	We will pay a cash benefit for the maximum number of days shown in any one Period of Insurance to an Insured Person for each 24 hours that they elect to be treated in a public Hospital , or charitable Hospital , and for which there is no charge made to Us for Treatment or accommodation.	In-Patient Cover	Core Benefit	Your Deductible does not apply to this benefit
Eye surgery	100% of costs, subject to Your selected Core Benefit Cap shown on Your Certificate of Insurance	We will pay for necessary eye surgery to repair damage to the eye caused as the result of an Accident, Bodily Injury or Illness .	In-Patient Cover	Core Benefit	Your selected Core Benefit Deductible applies to this benefit
Diagnostic Tests	100% of costs, subject to Your selected Core Benefit Cap shown on Your Certificate of Insurance	 We will pay for: MRI, CT, and PET scans X-rays Laboratory tests Other medically necessary diagnostic tests That you need as part of your Treatment in Hospital	In-Patient Cover	Core Benefit	Your selected Core Benefit Deductible applies to this benefit

What We will pay and the limits that apply. The limits apply per Insured Person, per Period of Insurance.



Benefit	Limit	Description	Type of Benefit	Category of benefit	Deductible
Parent & child accommodation	\$150 per day up to 45 days, and subject to Your selected Core Benefit Cap shown on Your Certificate of Insurance	We will pay for accommodation in a Hospital when it is necessary for a parent to accompany an Insured Person, being a child under the age of 16 who has been admitted into Hospital as an In-Patient, up to the maximum number of days shown. Where Hospital accommodation is not available, We will pay for alternative accommodation. We will also pay for the Hospital accommodation costs of a new born child when the parent requires Treatment as an In-Patient following birth.	In-Patient Cover	Core Benefit	Your Deductible does not apply to this benefit
Day-Patient Treatment	100% of costs, subject to Your selected Core Benefit Cap shown on Your Certificate of Insurance	We will pay for all Hospital charges including accommodation, diagnostic, tests, Prescription Drugs and Medicines, and the surgeon and Physician fees while You are a Day-Patient.	In-Patient Cover	Core Benefit	Your selected Core Benefit Deductible applies to this benefit
Renal dialysis	100% of costs up to \$80,000, and subject to Your selected Core Benefit Cap shown on Your Certificate of Insurance	We will pay for renal dialysis Treatment in any clinical setting, as directed by Your Physician , including all associated clinical costs.	In-Patient Cover	Core Benefit	Your selected Core Benefit Deductible applies to this benefit
Hospice or Terminal Care	100% of costs up to a Lifetime Limit of \$200,000	We will pay for Treatment following the diagnosis that Your condition is terminal or when Treatment can no longer be expected to cure Your condition. We will pay for Your physical, psychological, social and spiritual care as well as Hospital or hospice accommodation, nursing care and Prescription Drugs and Medicines. We will pay for Treatment in an In-Patient, Day-Patient and Out-Patient setting as well as care in Your home.	In-Patient Cover	Core Benefit	Your Core Benefit Deductible applies to this benefit

What We will pay and the limits that apply. The limits apply per Insured Person, per Period of Insurance.



Benefit	Limit	Description	Type of Benefit	Category of benefit	Deductible
Rehabilitation following In-Patient Treatment	100% of costs up to 60 days, and subject to Your selected Core Benefit Cap shown on Your Certificate of Insurance	We will pay for Rehabilitation as long as the Rehabilitation commences within 30 days of, and is related to, In-Patient Treatment covered by this Policy .	In-Patient Cover	Core Benefit	Your Core Benefit Deductible applies to this benefit
Elective Home Country Treatment	100% of costs, subject to Your selected Core Benefit Cap shown on Your Certificate of Insurance	We will pay for an Insured Person to be treated in their Home Country when: The Insured Person has obtained prior authorisation from Us; and The Treatment costs do not exceed those of the Country of Residence; and The Insured Person has selected the Area of Cover that includes the Home Country We do not provide cover for transport or personal accommodation costs.	In-Patient Cover	Core Benefit	Your Core Benefit Deductible applies to this benefit
Medical Treatment Outside Your Area of Cover	Up to 60 days per Period of Insurance , and subject to Your selected Core Benefit Cap shown on Your Certificate of Insurance When in the USA this benefit is capped at \$60,000.	When an Insured Person is outside the Area of Cover We will pay for Hospital Treatment for them due to an Accident, Bodily Injury, Illness , or Acute Condition where the condition first manifested itself outside their Country of Residence .	In-Patient Cover	Core Benefit	Your Core Benefit Deductible applies to this benefit
Road ambulance transport	100% of costs, subject to Your selected Core Benefit Cap shown on Your Certificate of Insurance	We will pay for medically necessary travel by local road ambulance when related to eligible In-Patient or Day-Patient Treatment.	In-Patient Cover	Core Benefit	Your Core Benefit Deductible applies to this benefit
Emergency care	100% of costs, subject to Your selected Core Benefit Cap shown on Your Certificate of Insurance	We will pay for Treatment received in an emergency room or urgent care setting, including any medication and dressings prescribed which directly relate to the Insured Event requiring care.	In-Patient Cover	Core Benefit	Your Core Benefit Deductible applies to this benefit

What We will pay and the limits that apply. The limits apply per Insured Person, per Period of Insurance.



Benefit	Limit	Description	Type of Benefit	Category of benefit	Deductible
Cancer Treatment	100% of costs, subject to Your selected Core Benefit Cap shown on Your Certificate of Insurance	We will pay for Cancer Treatment from the date an Insured Person is diagnosed as suffering from Cancer. We will pay for chemotherapy, radiotherapy, oncology, diagnostic tests, and Prescription Drugs and Medicines, whether In-Patient, Day-Patient or Out-Patient.		Core Benefit	Your Core Benefit Deductible applies to this benefit
Treatment for Dental Emergency	100% of costs up to \$10,000, and subject to Your selected Core Benefit Cap shown on Your Certificate of Insurance	We will pay for necessary Treatment as a result of an extraoral impact, if Treatment is received within 48 hours from the date of the Bodily Injury or Accident , and is for the immediate relief of pain.	Emergency Dental Cover	Core Benefit	Your Core Benefit Deductible applies to this benefit
Organ Transplant	100% of costs, up to a Lifetime Limit of \$250,000	We will pay for Organ Transplant surgical Treatment and pre-operative assessments as an In-Patient or Day-Patient that You need because of an eligible condition. We will pay Hospital and Physician charges for Medical Treatment necessary to complete the transplant of bone, bone marrow, cornea, eyes, kidneys, heart, lungs, liver, muscles, pancreas, eyes, and the fitting and renewal of pace-makers and their power source only.	In-Patient Cover	Core Benefit	Your selected Core Benefit Deductible applies to this benefit

What We will pay and the limits that apply. The limits apply per Insured Person, per Period of Insurance.



Benefit	Limit	Description	Type of Benefit	Category of benefit	Deductible
Alternative medicine	100% of costs up to \$400, and subject to Your relevant selected Optional Additional Benefit Cap shown on Your Certificate of Insurance	We will pay for Treatment received from a qualified chiropractor, homeopath, osteopath, acupuncturist or Chinese medicine practitioner.	Out-Patient Cover	Optional Additional Benefit	Your selected Out- Patient Deductible applies to this benefit
Physician and paramedic fees	100% of costs up to Your relevant selected Optional Additional Benefit Cap shown on Your Certificate of Insurance	We will pay for consultations with a medical practitioner, Physician, or specialist. This includes regular appointments that may be required for the management of Chronic Conditions.	Out-Patient Cover	Optional Additional Benefit	Your selected Out- Patient Deductible applies to this benefit
Diagnostics	100% of costs up to Your relevant selected Optional Additional Benefit Cap shown on Your Certificate of Insurance	 We will pay for: MRI, CT, and PET scans X-rays Laboratory tests Other medically necessary diagnostic tests 	Out-Patient Cover	Optional Additional Benefit	Your selected Out- Patient Deductible applies to this benefit
Physiotherapy	100% of costs up \$1,000, and subject to Your relevant selected Optional Additional Benefit Cap shown on Your Certificate of Insurance; this cap may not always be reached if Your cap exceeds the benefit limit.	We will pay for Physiotherapy performed by a qualified physiotherapist, when such Treatmen t has been recommended by a Physician . The benefit is limited to 12 sessions per condition.	Out-Patient Cover	Optional Additional Benefit	Your selected Out- Patient Deductible applies to this benefit
Hormone replacement therapy	100% of costs up to Your relevant selected Optional Additional Benefit Cap shown on Your Certificate of Insurance	We will pay for hormone replacement therapy where it is recommended by Your Physician for the management of relevant symptoms. This benefit does not offer cover for any hormonal Treatment directly or indirectly related to gender dysphoria.	Out-Patient Cover	Optional Additional Benefit	Your selected Out- Patient Deductible applies to this benefit

What We will pay and the limits that apply. The limits apply per Insured Person, per Period of Insurance.



Benefit	Limit	Description	Type of Benefit	Category of benefit	Deductible
Prescription Drugs and Medicines	100% of costs up to Your relevant selected Optional Additional Benefit Cap shown on Your Certificate of Insurance A 60 day supply of a prescription may be filled at one time	We will pay for medication prescribed by a Physician and which would not be available without a prescription. This covers regular medication needed for the ongoing management of Chronic Conditions , including HIV/AIDS.	Out-Patient Cover	Optional Additional Benefit	Your selected Out- Patient Deductible applies to this benefit
Annual Health Checks	100% of costs up to \$750, and subject to Your relevant selected Optional Additional Benefit Cap shown on Your Certificate of Insurance A 6 month waiting period applies to this benefit, if selected, from the Commencement Date , or from the Renewal Date if Out-Patient Cover is added at that stage; cover must be continuous during this waiting period	We will pay for tests/screening that are undertaken without any clinical symptoms being present. Tests include the following examinations, at an appropriate age, for the early detection of Illness or disease: Vital Signs (blood pressure, cholesterol, pulse, respiration, temperature etc) Cardiovascular exam Neurological exam Blood tests	Out-Patient Cover	Optional Additional Benefit	Your selected Out- Patient Deductible applies to this benefit
Vaccinations	100% of costs up to Your relevant selected Optional Additional Benefit Cap shown on Your Certificate of Insurance	We will pay for medically necessary vaccinations which are recommended by public health authorities in the Country of Residence. We will not pay for elective inoculations required for travel.	Out-Patient Cover	Optional Additional Benefit	Your selected Out- Patient Deductible applies to this benefit
Wellbeing tests	100% of costs up to \$450, and subject to Your relevant selected Optional Additional Benefit Cap shown on Your Certificate of Insurance	We will pay for routine gynaecological tests, mammograms, and prostate exams, and other routine Cancer screening tests.	Out-Patient Cover	Optional Additional Benefit	Your selected Out- Patient Deductible applies to this benefit
Home nursing	100% of costs up to 60 days, and subject to Your relevant selected Optional Additional Benefit Cap shown on Your Certificate of Insurance	We will pay for home nursing after eligible In-Patient Treatment, if it meets the following conditions: It is needed to provide medical care, not personal assistance; and It is necessary, meaning that without it You would have to stay in Hospital; and It starts immediately after You leave Hospital; and It is provided by a qualified nurse in Your home; and It is prescribed by Your Physician	Out-Patient Cover	Optional Additional Benefit	Your selected Out- Patient Deductible applies to this benefit

What We will pay and the limits that apply. The limits apply per Insured Person, per Period of Insurance.



Benefit	Limit	Description	Type of Benefit	Category of benefit	Deductible
Prescribed medical aids	100% of costs up to a Lifetime Limit of \$6,000; in each Period of Insurance , Your Optional Additional Benefit Cap will apply, but may not always be reached if Your cap exceeds this Lifetime Limit	 We will pay for medically necessary prosthetic appliances prescribed by a Physician or surgeon, such as: Orthopaedic braces, hearing aids and artificial devices replacing body parts Other durable equipment (including crutches and wheelchairs) customarily and generally useful to a person only during an Illness or Bodily Injury 	Out-Patient Cover	Optional Additional Benefit	Your selected Out- Patient Deductible applies to this benefit
Psychiatric, drug and alcohol abuse	100% of costs up to a Lifetime Limit of \$5,000; in each Period of Insurance , Your Optional Additional Benefit Cap will apply, but may not always be reached if Your cap exceeds this Lifetime Limit	We will pay for In-Patient or Out-Patient Treatment in relation to psychiatric, mental and nervous disorders, alcoholism, or drug abuse detoxification. We will pay for In-Patient psychiatric care only where the Out-Patient Optional Additional Benefit is selected on the Policy. This benefit applies to all Treatment related to mental health conditions, drug and alcohol abuse.	Out-Patient Cover	Optional Additional Benefit	Your selected Out- Patient Deductible applies to this benefit
Speech therapy	100% of costs up to Your relevant selected Optional Additional Benefit Cap shown on Your Certificate of Insurance	We will pay for necessary speech therapy following an Insured Event which is covered under the In-Patient Cover section of this Policy. This benefit is only available if the Out-Patient Cover Optional Additional Benefit has been added.	Out-Patient Cover	Optional Additional Benefit	Your selected Out- Patient Deductible applies to this benefit

What We will pay and the limits that apply. The limits apply per Insured Person, per Period of Insurance.



Benefit	Limit	Description	Type of Benefit	Category of benefit	Deductible
Well-child care	100% of costs up to \$1,000, and subject to Your relevant selected Optional Additional Benefit Cap shown on Your Certificate of Insurance	We will pay for general health checks where symptoms are not present for children up to the age of 7 years.	Out-Patient Cover	Optional Additional Benefit	Your selected Out- Patient Deductible applies to this benefit
Maternity	100% of costs up to Your relevant selected Optional Additional Benefit Cap shown on Your Certificate of Insurance A 12 month waiting period applies to this benefit, if selected, from the Commencement Date, or from the Renewal Date if Maternity Cover is added at that stage; cover must be continuous during this waiting period	 We will pay the following Maternity Cover benefits: Ante-natal care Hospital charges, obstetricians' and midwives' fees for pregnancy and childbirth including elective caesarean section Post-natal care required by the mother immediately following normal childbirth Notes Other conditions arising from pregnancy or childbirth can develop in Insured Persons who are not pregnant and may not be covered by this section; however, they may be covered elsewhere in Your Policy. 	Maternity Cover	Optional Additional Benefit Available to Group Schemes only	Your Deductible does not apply to this benefit
Complications of Pregnancy and Complications of Childbirth	100% of costs up to \$50,000; This benefit is only available if the Maternity Cover option is included with the Policy (Group Schemes only) The Optional Additional Benefit Cap does not apply to this benefit A 12 month waiting period applies to this benefit, if selected, from the Commencement Date, or from the Renewal Date if Maternity Cover is added at that stage; cover must be continuous during this waiting period	We will pay for medically necessary Treatment as a direct result of Complications of Pregnancy and Complications of Childbirth.	Maternity Cover	Optional Additional Benefit Available to Group Schemes only	Your Deductible does not apply to this benefit

What We will pay and the limits that apply. The limits apply per Insured Person, per Period of Insurance.



Benefit	Limit	Description	Type of Benefit	Category of benefit	Deductible
Congenital Defects	100% of costs up to Your selected Optional Additional Benefit Cap shown on Your Certificate of Insurance	We will pay for Congenital Defects which are identified and can be cured by surgical intervention within the first 90 days of life. This is only available to infants as a result of an insured pregnancy and having continuous cover effective from their date of birth.	Maternity Cover	Optional Additional Benefit Available to Group Schemes only	Your Deductible does not apply to this benefit
New-born care, including premature new-borns	100% of costs up to \$50,000, and limited to the first 30 days following birth A 12 month waiting period applies to this benefit, if selected, from the Commencement Date , or from the Renewal Date if Maternity Cover is added at that stage; cover must be continuous during this waiting period	Where the new-born is suffering from a medical condition, this will be covered under this benefit up to a maximum of 30 days after birth; thereafter the new-born will be an independent Insured Person and the cover will be subject to Policy terms.	Maternity Cover	Optional Additional Benefit Available to Group Schemes only	Your Deductible does not apply to this benefit
Routine Dental Treatment	100% of costs up to Your relevant selected Optional Additional Benefit Cap shown on Your Certificate of Insurance A 6 month waiting period applies to this benefit, if selected, from the Commencement Date, or from the Renewal Date if Routine Dental Cover is added at that stage; cover must be continuous during this waiting period	1 . 1.,	Routine Dental Cover	Optional Additional Benefit	Your Deductible does not apply to this benefit
Orthodontic treatment for children under 18	100% of costs up to a Lifetime Limit of \$2,000, and subject to Your selected Core Benefit Cap shown on Your Certificate of Insurance	We will pay for 100% of orthodontic treatment for a child up to the age of 18.	Routine Dental Cover	Optional Additional Benefit	Your Deductible does not apply to this benefit

What We will pay and the limits that apply. The limits apply per Insured Person, per Period of Insurance.



Benefit	Limit	Description	Type of Benefit	Category of benefit	Deductible
Emergency Medical Transfer or Evacuation	100% of costs, subject to Your selected Core Benefit Cap shown on Your Certificate of Insurance	In the case of an Insured Event where medical evacuation or assistance is required, We will pay for travel to and from a medical facility if the following conditions are met; • The Treatment is medically necessary; and • The Treatment is not available at a local or more local facility; and • The Treatment requires admission as an In-Patient or Day-Patient, as covered under the Core Benefits of this Policy; and • The Treatment takes place within the Area of Cover • The Treatment takes place in the nearest appropriate location Following completion of Treatment, We will also cover the costs of the return trip, at economy fare rates, for the evacuated Insured Person to return to the Country of Residence. If medical necessity prevents the Insured Person from undertaking the evacuation or transport following discharge from an In-Patient episode of care, We will cover reasonable costs. Where an Insured Person has been evacuated to the nearest facility for ongoing Treatment, We will cover the reasonable costs. All decisions relating to the transport will be made and agreed by a Physician designated by Us in conjunction with treating professionals. We do not cover costs related to room upgrades, communication costs, food and drink.	Assistance & Evacuation	Optional Additional Benefit	Your Deductible does not apply to this benefit

What We will pay and the limits that apply. The limits apply per Insured Person, per Period of Insurance.



Benefit	Limit	Description	Type of Benefit	Category of benefit	Deductible
Accompanying person's Travel Expenses	100% of costs up to \$5,000 and capped at 15 days, and subject to Your selected Core Benefit Cap shown on Your Certificate of Insurance	We will pay for the necessary return economy travel costs and accommodation expenses incurred for one Close Relative, Relative in the First Degree, or friend of an Insured Person to: Accompany the Insured Person to the nearest appropriate Hospital or Treatment facility in the case of an Emergency Medical Transfer or Evacuation Accompany the remains of the Insured Person to his or her Home Country in the event of their death	Assistance & Evacuation	Optional Additional Benefit	Your Deductible does not apply to this benefit
Compassionate travel and accommodation expenses	100% up to \$5,000, and subject to Your selected Core Benefit Cap shown on Your Certificate of Insurance	We will pay for reasonable accommodation and travel costs for a maximum of 15 days, if You want to return to Your Home Country due to the death or hospitalisation, as a result of an Accident or Critical Condition, of a Close Relative or Relative in the First Degree. Economy travel class and accommodation only will be covered.	Assistance & Evacuation	Optional Additional Benefit	Your Deductible does not apply to this benefit
Repatriation of mortal remains	100% of costs up to Your selected Core Benefit Cap shown on Your Certificate of Insurance	In the event of the death of an Insured Person when outside their Home Country , We will pay for the costs of ensuring that, as soon as reasonably practical, the mortal remains are returned to the Insured Person 's Home Country and to the place of burial or cremation, or for the local internment of the body - whichever is requested by the Insured Person 's immediate family.	Assistance & Evacuation	Optional Additional Benefit	Your Deductible does not apply to this benefit





Term	Meaning
Accident / Accidental	Means a sudden and unforeseen incident caused by violent or external means. An Acute Condition or a Chronic Condition will not be considered an Accident under this Policy .
Acute Condition(s)	Means an Illness or Bodily Injury that are severe and sudden in onset, such as a broken bone or an asthma attack. (see Chronic Conditions for comparison purposes)
Affinity Group(s)	Is a term used to describe a group of people that We recognise as having a common interest or goal.
Anniversary Date	Means the annual Policy Renewal Date , each subsequent year the Policy is in force.
Annual Limit	Means the maximum benefit payable per Insured Person during each Period of Insurance.
Area(s) of Cover	Means the group of countries and territories available to and chosen by You and shown in Your Policy literature. These are the countries and territories where We will fund the costs of Your medical Treatment subject to the Policy and benefit limits. Your available Areas of Cover are shown on page 39. The Areas of Cover available to You are based on Your Country of Residence .
Assistance & Evacuation	Means the Type of Benefit under which Insured Events relating to Emergency Medical Transfer or Evacuation are covered under this Policy , subject to the selected Core Benefit Cap .
Bodily Injury	Means an identifiable physical injury which is caused by an Accident , solely and independently of any other cause.

Term	Meaning
Category of Benefit	Means either Core Benefit or Optional Additional Benefit. If You have selected Optional Additional Benefits on Your Policy, the limit(s) You have chosen will be shown on Your Certificate of Insurance.
Cancer	Means a disease caused by uncontrolled division of abnormal cells in one or more parts of the body.
Cancer Cover	Means the Type of Benefit under which Insured Events relating to Cancer are covered under this Policy , subject to the selected Core Benefit Cap .
Certificate of Insurance	Means the document attached to and forming part of this Policy . It displays details of the Insured Persons , the Area of Cover , the Period of Insurance , the Core Benefits , Optional Additional Benefits (if selected), the benefit caps applicable, and any special terms and conditions or exclusions which may apply.
Chronic Condition(s)	Is an Illness or Bodily Injury that has more than one of the following characteristics: It needs ongoing or long-term monitoring through consultations, examinations, check-ups and/or tests. It needs ongoing or long-term control or relief of symptoms. You need to be rehabilitated or specially trained to cope with it. It continues indefinitely. It has no known cure. A qualified Physician has indicated that it is likely to return. (See Acute Conditions for comparison purposes)
Close Relative	Means You , Your spouse or life partner with whom You live on a permanent basis, parents and parents-in-law, siblings, and children.
Co-Insurance	Means that another Policy is in force covering the same Insured Event , in which case We may act on Your behalf to recover a contribution to Our costs.



Term	Meaning
Commencement Date	Means the date that the insurance is effective; this is after We have accepted Your application and the annual premium, or the first instalment has been paid.
Complications of Childbirth	Means the following medical conditions and procedures that arise during childbirth: Post-partum haemorrhage. Retained placental membrane. Medically necessary caesarean sections.
Complications of Pregnancy	Means medical conditions and complications that relate to the health of the mother during pregnancy. The following complications that arise during the pre-natal stages of pregnancy are covered: • Ectopic pregnancy. • Gestational diabetes. • Pre-eclampsia. • Miscarriage. • Threatened miscarriage. • Stillbirth. • Hydatidiform mole.
Congenital Defect(s)	Means medical conditions or physical abnormalities that are present prior to or from birth.

Term	Meaning
Core Benefit Cap(s)	Means one of: \$250k, \$1m, \$2m, or \$3m USD which is the combined overall maximum Your Policy will pay out for Your Core Benefits and Optional Additional Benefits per Insured Person , per Period of Insurance . Your chosen cap will be shown on Your Certificate of Insurance .
Core Benefit(s)	Means the elements of Your Policy which are included as standard, and which We will cover up to Your selected Core Benefit Cap and other applicable limits.
Country of Residence	Means the country or territory in which You live, which is not Your Home Country.
Critical Condition(s)	Means a potentially fatal Illness or Bodily Injury as confirmed, or reasonably suspected, by an appropriately qualified Physician . The condition must require immediate medical intervention and pose an imminent threat to life.
Date of Entry	Means the date on which an Insured Person joins a Policy .
Day-Patient	Means Treatment provided in a Hospital where an Insured Person is admitted and occupies a Hospital bed but is not required, out of medical necessity, to stay overnight.
Deductible (also commonly known as an Excess)	Is the amount or amounts payable per Period of Insurance , per Insured Person , as shown on Your Certificate of Insurance , before the Policy will pay eligible claims. The Deductible is applied to eligible claims until the Deductible amount has been fully met by You . The Deductible is renewed at each Renewal Date . If You have chosen Out-Patient Cover , it will be subject to their own separate Deductible which is distinct from Your Core Benefit Deductible . Where 0 Deductible is chosen, no amount is payable by You before the Policy will pay eligible claims, and mentions of Deductible should be read in this context.



Term	Meaning
Dental Emergency	Means consequences resulting from an extra-oral impact, requiring urgent Treatment taking place within 48 hours of the Insured Event .
Dependant(s)	Means an Insured Person's spouse or partner who normally resides at the same address, and/or their children, step-children, foster children or legally adopted children, who are named on the Certificate of Insurance . Children must be under the age of 21 at the Commencement Date or Renewal Date of this Policy, or under the age of 23 if it can be demonstrated that they are going to be in full time education during the Period of Insurance .
Early Termination	 All policies are sold on a 12 month basis and are effective from the Commencement Date (as shown on the Certificate of Insurance) and end at midnight of the 365th day after the Commencement Date (the end date); unless stated otherwise by Us. In the first year of cover, You must notify Us 2 months before the Renewal Date if You wish to end Your cover. After the first year of cover, Insured Persons are required to give 1 month notice of Early Termination, which can be issued at any time. We reserve the right to charge an administration fee of £25.00/€37.50/\$37.50 in the event of an Early Termination. An Early Termination will be permitted if no claims have been made in the current 12 month Period of Insurance. In the event of Early Termination, a pro-rata refund may be available in respect of complete months beyond the cancellation date. Where premiums are paid by instalments, We will not charge for any complete months beyond the cancellation date and We will refund any premium You may have paid in advance. If a claim has been made, no refund will be due and all outstanding premium instalments will remain payable. An administration fee will apply. In the event of the death of the primary Insured Person, the same criteria will apply, but an administration fee will not be applied.

Term	Meaning
Elective Home Country Treatment	Means Treatment You choose to have in Your Home Country rather than in Your Country of Residence, where there is no medical necessity for You to travel outside of Your Country of Residence. An Insured Person may elect to be treated in their Home Country provided that: The Insured Person has selected the Area of Cover that includes the Home Country; and The Insured Person has obtained prior authorisation from Us; and The cost of Treatment does not exceed the cost for the same Treatment in the Country of Residence, except for the Executive Policy, where expenses will be paid in full. Applicable to all levels of cover.
Emergency Dental Cover	Means the Type of Benefit under which Insured Events relating to Emergency Dental Treatment are covered under this Policy , subject to the selected Core Benefit Cap .
Emergency Medical Transfer or Evacuation	Means the medically necessary expense of emergency transport when approved by Us .



Term	Meaning
Fertility Treatment	Means the reproductive technology used to achieve pregnancy.
Group Scheme	Means a Policy in the name of an employer, covering employees. The premium is funded by the employer, with individual employees listed as Insured Persons .
Health Check(s)	Means the tests and medical screening examinations that are completed in the absence of symptoms
Home Country	Means the country or territory of which the Insured Persons hold a passport, and which is stated as the Insured Person's country of nationality on the application form, and specified in the Certificate of Insurance . In the event that the Insured Person has dual or multiple nationalities, they must elect one which will be treated as the Home Country .
Hospice or Terminal Care	Means Treatment where the primary purpose is to offer temporary relief of symptoms rather than to cure the Bodily Injury or Illness causing the symptom.
Hospital	Means any institution or establishment under the constant supervision of a resident Physician which is legally licensed as a medical or surgical Hospital in the country where it is located.
Hospital Cash Benefit	This benefit is paid instead of any other benefit for each night You receive eligible In-Patient Treatment without claiming on Your Policy . To claim this benefit, please ask the Hospital to confirm the duration of Your stay, sign and authenticate Your claim form. Then send the claim form to Us with a covering letter stating that You were treated with no charge. Please note that You need to ensure that the medical section of Your claim form is completed by Your Physician .

Term	Meaning
Illness(es)	Means any sickness, disease, disorder or alteration in the Insured Person 's medical condition as diagnosed by a Physician .
In-Patient	Means Treatment provided in a Hospital where an Insured Person is admitted and, out of medical necessity, occupies a bed for one or more nights.
In-Patient Cover	Means the Type of Benefit under which Insured Events relating to Treatment as an In-Patient are covered under this Policy , subject to the selected Core Benefit Cap .
Insured Event	Means an Accident , Bodily Injury , or Illness which occurred during the Period of Insurance and within the Area of Cover , which entitles an Insured Person to payment for their Treatment under this Policy . The limits and cover offered by each benefit is described in the relevant sections and are subject to your selected benefit caps.
Insured Person(s)	Means any individual who is named on the Certificate of Insurance together with any named Dependants for whom an application has been accepted by us and the appropriate premium paid.
Insurer(s)	Means Mutuelle Générale de l'Education Nationale (MGEN), or MGEN Portugal
Lifetime Limit	Means the maximum benefit limit payable throughout the duration of the Policy ; these benefits are not payable once per year. We will make it clear when this applies.
Local Ambulance Services	Means the necessary medical transport to or from a local Hospital .
Material Fact(s)	Means any fact that, if disclosed, would have influenced Our judgement when underwriting Your Policy .



Term	Meaning
Maternity	Means any medically necessary costs incurred during pregnancy and / or childbirth, including Hospital charges, specialist fees, the mother's pre and post-natal care, and midwife fees (during labour only) as well as new-born care.
Maternity Cover	Means the Type of Benefit under which Insured Events relating to Treatment for Maternity is covered under this Policy , subject to the selected Optional Additional Benefit Cap. Maternity Cover is available to Group Schemes only.
Medical Expenses	Means the usual Reasonable and Customary Charges incurred for Treatment of an Accident, Bodily Injury or Illness a result of an Insured Event .
Medical Treatment Outside Your Area of Cover	Means medical Treatment that We will pay for in respect of Bodily Injury or Acute Condition when the Insured Person is outside their Area of Cover for a maximum of 60 days in total. Emergency coverage excludes: Routine medical Treatment . Treatment which could have been postponed until Your return to Your Country of Residence . Treatment which has been planned in advance. Treatment arising from circumstances that could have been reasonably anticipated by the Insured Person .
Optional Additional Benefit Cap(s)	Means the caps applicable to each Optional Additional Benefit , if selected, and payable once per Insured Person , per Period of Insurance . Optional Additional Benefits are also subject an overall limit, which is Your Core Benefit Cap .
Optional Additional Benefit(s)	Means Out-Patient Treatment, Routine Dental Cover, (other than Emergency Dental Cover), Maternity Cover, and Emergency Medical Transfer or Evacuation, which are not automatically included with Your Policy and may each be added on. Your Optional Additional Benefit Cap(s), if applicable, will be shown on Your Certificate of Insurance.
Organ Transplant	Means medical Treatment necessary to complete the transplant of bone, bone marrow, cornea, eyes, kidneys, heart, lungs, liver, muscles, pancreas, eyes, and the fitting and renewal of pace-makers and their power source only.
Out-Patient	Means Treatment or care provided when an Insured Person does not require admission to a medical facility.

Term	Meaning
Out-Patient Cover	Means the Type of Benefit under which Insured Events relating to Treatment as an Out-Patient are covered under this Policy , subject to the selected Optional Additional Benefit Cap.
Period of Insurance	Means the period of 12 consecutive months from the Commencement Date specified in the Certificate of Insurance for which the appropriate premium has been paid in part or in full.
Physician	Means a legally licenced medical practitioner who is a registered doctor recognised by the law of the country where Treatment is provided under this Policy and who, in rendering such Treatment , is practicing within the scope of their licence and training.
Physiotherapy	Means Treatment recommended by a Physician following an Accident , Bodily Injury , or Illness or post- operative Treatment covered by the Policy provided by a licensed physiotherapist.
Policy / Policies	Means collectively Your schedule, this wording, the Certificate of Insurance and any endorsements.
Policyholder	Means the association named <i>L'Association pour la Solidarité entre Personnes en Mobilité Internationale (ASPMI)</i> , who has subscribed a health and medical assistance / evacuation <i>Policy</i> on behalf of its <i>Insured Persons</i> (<i>Group Schemes</i> or individuals) living primarily outside their <i>Home Country</i> .
Policy Section	Means the section of the Policy under which benefits are provided.



Term	Meaning
Pre-Existing Medical Conditions	 This definition applies to all underwriting terms. Pre-existing Medical Conditions are defined as conditions which meet one or more of the following criteria: The condition is known by You and has been diagnosed. You have sought medical advice for symptoms related to the condition before. This could mean that You did not receive a diagnosis prior to Your Commencement Date; however, it may later become apparent that the condition was in existence at that time You applied for cover. There is evidence of a causal link between a Pre-existing Medical Conditions and Your new diagnosis or symptom. You failed to follow medical advice, leading to or resulting in a diagnosis after Your Commencement Date.
Premature	Means born after a gestation of fewer than 37 weeks.
Prescription Drugs and Medicine(s)	Means medication approved by a government agency in the country of Treatment for which sale and use are legally restricted. Such medication is only available by prescription obtained from a legally licenced medical professional recognised by the law of the Treatment country. Items which may be purchased without a prescription are not covered by the Policy .
Relative in the First Degree	Means the Insured Person's spouse or partner who normally resides at the same address, mother, father, children, step-children, foster children, legally adopted children, siblings, step-parents, parents-in-law, siblings-in-law, and any person named on the Certificate of Insurance .

Term	Meaning
Reasonable and Customary Charge(s)	Means charges that have been assessed as <u>both</u> reasonable and customary by Us in relation to Your claim. Where a valid claim arises, We will consider whether the associated costs are <u>both</u> reasonable and customary for the region in which Treatment is taking place.
	Reasonable: This is determined by Us using knowledge of the average costs of Treatment in the country where it takes place.
	<u>Customary</u> : This is determined by Us in consideration of local or regional approaches to the provision of medical Treatment . Such approaches can differ around the world. We will always prioritise the safe and effective Treatment of Insured Persons .
Rehabilitation	Means Treatment recommended by a Physician for medical reasons following Accident , Bodily Injury , Illness , or post-operative Treatment covered by the Policy intended to aid recovery. The service must be performed by a qualified rehabilitation specialist in a rehabilitation facility.
Renewal Date	Means the annual anniversary of the Commencement Date .
Routine Dental Cover	Means the Type of Benefit under which Insured Events relating to Routine Dental Treatment are covered under this Policy , subject to the selected Core Benefit Cap .
Sport(s)	Means any activities requiring physical effort or skill, including extreme sports and those considered hazardous, that are carried out in any or all of the following capacities: In casual or organised competition with another individual or group of individuals On Your own, whether or not affiliated to a group or team (for example, mountaineering, caving, or horse riding) For the expression or improvement of physical or mental wellbeing, whether or not advised by a Physician In accordance with an agreed set of rules or conventions



Term	Meaning
Table of Benefits	Means the section of this Policy wording stating the benefits provided under each of the available Policy Sections and the Optional Benefits if selected.
Terminal Illness	Means a Bodily Injury or Illness that cannot be cured or adequately treated and is reasonably expected to result in the death of the patient within 12 months.
Travel Expenses	Means the Reasonable and Customary Charges associated with necessary transport, utilising the 'economy' class of transport available.
Treatment(s)	Means any medically necessary surgical procedures or medical interventions which may be required to treat an Accident , Bodily Injury , or Illness or to provide for the relief of Acute Conditions and Chronic Conditions when covered by the Policy .
Type(s) of Benefit	Means the category under which Insured Events are covered by Us under the Policy . Some Types of Benefit are included as standard, and others may be added by You .
Vaccination(s)	Means immunisations and booster injections and medically necessary travel vaccinations.
We / Us / Our	Means HCI acting on behalf of the Insurer(s)
You / Your / Group / Insured Person(s)	Means the Insured Persons or individuals or Group Scheme and its employees, named on the Certificate of Insurance and covered by the Policy .

Defined terms will appear in bold in this document, and will have the meanings given here



Full Medical Underwriting (FMU)

Means that **You** have completed a medical questionnaire providing **Us** with comprehensive details of **Your** medical history, and any other family or **Dependants** to be included on the **Policy**. The answers **You** provide form the basis of **Our** decision on whether to accept **Your** application, the amount of premium, or whether to decline the application.

With NIMBL Health, Our aim is to make Your cover as transparent as possible; to this end, We will initially assess Your medical history and quote a premium, or We will decline the application.

If **We** are unable to accept **Your** application due to the existence of a **Pre-Existing Medical Condition** that is deemed high risk, **You** may opt to request that **Your** application is reconsidered and a medical exclusion applied. In these instances, the condition will be excluded permanently; however, in some instances **We** may review the exclusion at the point of renewal, upon request.

Medical History Disregarded (MHD)

Means that You have joined this Policy as a member of a Group Scheme, and Your Group Scheme has selected MHD underwriting terms. Cover for Pre-Existing Medical Conditions and Chronic Conditions is included, subject to the Policy terms and chosen benefit plan as shown on Your Certificate of Insurance. Please see the Table of Benefits for Your specific Policy benefits and applicable limits.



General conditions & Important Information

General Conditions

Your obligations



Things You must or must not do

Individual **Insured Persons** must declare to **Us** all **Material Facts** that are likely to affect this insurance, as failure to do so may affect **Your** entitlement to claim, and may result in **Your Policy** being terminated. If **You** are uncertain as to what constitutes a **Material Facts**, then it should be disclosed to **Us**. For small **Group Schemes** of 3-5 **Insured Persons**, failure to disclose **Material Facts** during the underwriting process may result in **Your Policy** being cancelled.

This does not apply to **Group Schemes** of 6 or more **Insured Persons** which are underwritten on a **Medical History Disregarded** basis.

The **Insured Persons** must take all reasonable steps to avoid and minimise any claim.

If an Insured Event occurs, the Insured Person or their Close Relative or Relative in the First Degree must notify Us as soon as practicably possible (and no more than 7 days after the event) providing all particulars of the claim.

If **You** are admitted into **Hospital** in an emergency, **We** must be notified within 48 hours of **Your** admission. In exceptional circumstances where it is not possible to contact **Us** within 48 hours, **We** must be contacted as soon as practicably possible. **You** must Cooperate with **Us** where **We** wish to appoint **Our** own medical **Physician** at **Our** expense. **You** must make every effort to limit the consequences of the **Insured Event** and follow medical advice.

You will declare to Us any intended travel to any war zone as defined by the UK's Foreign, Commonwealth, & Development Office (FCDO), or other areas of the world where the FCDO advises against all but non-essential travel.

At any point during the Period of Insurance We may seek Your permission to obtain medical information from Your Physician and You agree to grant it.

The **Insured Persons** must inform **Us** as soon as practically possible, and within 7 days, of any change in the information provided on the application form, in particular, relating to the **Insured Persons**' addresses, **Country of Residence**, the birth or adoption of a child, or any other change involving **Dependants**.

New-borns can be added to the **Policy** from birth without medical underwriting, provided that a completed application form for the new-born is received within 30 days after the date of birth and the birth parent has been insured with **Us** for a minimum of 12 continuous months previously. If the application form is received after 30 days from birth, any medical conditions declared will be subject to full underwriting and special terms, conditions, exclusions and/or limitations specified on the **Certificate of Insurance** and cover will take effect from the date of acceptance.

You must notify **Us** of the birth of a new-born within 30 days of birth so that cover can start from the date of birth. If **We** do not receive the completed application form within 30 days, cover will start from the date **We** confirm acceptance of **Policy** cover. Where the new-born is suffering from a medical condition, this will be covered under this benefit up to a maximum of 30 days after birth; thereafter the new-born will be an independent insured **Dependant** and the cover will be subject to **Policy** terms, conditions and exclusions.

If You have been accepted for insurance under this Policy under Full Medical Underwriting conditions. You must have declared to Us on the application form any and all known Pre-existing Medical Conditions.

Your obligations



Things You must or must not do

The **Insured Persons** must not admit liability for any event at any time.

If another insurance company, or a government healthcare scheme, pays for part of the Insured Person's claim the Insured Person must send Us evidence of the amount paid by the them.

Individual Insured Persons must advise **Us** as soon as practically possible (or within 7 days) of any **Insured Person** wanting to be removed from the **Policy**. In the event of a leaver, **We** may apply the **Early Termination** fee (see **Early Termination** fee (see **Early Termination**). Acceptance of new joiners is not always guaranteed and is subject to underwriting terms.

Group Scheme Insured Persons must advise **Us** as soon as practically possible (or within 30 days) of any **Insured Person** wishing to leave or join the **Policy**. **We** may require a completed application form and charge an appropriate additional premium. In the event of a leaver, **We** may apply the **Early Termination** fee (see **Early Termination** definition for clarification). Acceptance of new joiners is not always guaranteed and is subject to underwriting terms.

Please contact **Us** before **Your Renewal Date** if **You** or **Your Dependants** have personal exclusions and would like **Us** to review one or more of them.

Your obligations



Things We need to tell You

All Treatment must be medically necessary as determined by a qualified Physician and agreed by Us.

All charges must be deemed **Reasonable and Customary** by **Us**.

We reserve the right to alter the Policy terms or cancel cover for an Insured Person following a significant and material change of the risk presented to Us e.g. You travel to a war zone as defined by the UK Foreign, Commonwealth & Development Office (FCDO).

When You have medical Treatment for a Bodily Injury or Illness, You may claim under this Policy from the commencement of Treatment until such time as it is medically confirmed that Treatment is no longer necessary, the expiry date of the Period of Insurance, or until You have exhausted the benefit limit for which the premium has been paid, whichever is earlier. Benefit will not be payable for ongoing Treatment after the Policy Anniversary Date unless the Policy has been renewed for a further period.

When a claim is submitted for **Medical Expenses** and an **Insured Person** subsequently claims for an unrelated **Accident**, **Bodily Injury**, or **Illness**, that is not in any way connected with the former condition, the subsequent claim will be regarded as a new claim.

In any legal proceeding where We have declined to pay a claim, You will be responsible for demonstrating that the event was an Insured Event.

You forfeit the right to payment if, in respect of any component of the claim, and / or in respect of the circumstances under which the event occurred, You knowingly:

- Provide false or incorrect information; and / or
- Withhold information from **Us** which **You** could reasonably have known might be important to **Us** in assessing **Your** claim; and / or
- · Act in a fraudulent or unlawful manner.

Where **We** prove that **You** acted fraudulently all benefit under this **Policy** will be forfeited. If any fraudulent means or devices are used, and are proven to be used, to obtain any benefit under this **Policy** will be cancelled, and the premium paid will not be refunded. **We** may demand immediate repayment of any claim benefits previously paid.

If it becomes apparent that prior to the **Policy Commencement Date You** were on a clinical pathway for a condition, **We** may deem it to be a **Pre-Existing Medical Condition**, and therefore subject to further underwriting.

Your obligations



Things We need to tell You

It is a condition of this **Policy** that any **Illness** or condition that would cause **You** to make a claim that occurred between the time of signing and submitting the application **Us**, will be considered as a **Pre-Existing Condition** and should be declared.

New-borns can be added to the **Policy** from birth without medical underwriting, 12 continuous months previously. If the application form is received after 30 days from birth, any medical conditions declared will be subject to full underwriting and special terms, conditions, exclusions and/or limitations specified on the **Certificate of Insurance** and cover will take effect from the date of acceptance.

Disclosures made to **Us** by an **Insured Person**'s **Physician** are deemed to be made by and on behalf of the **Insured Person**. Full disclosure or **Material Facts** applies.

The provision of benefits and services under this Policy is subject to local availability, national and international law, regulation and authorisations.

We are entitled to take over an Insured Person's rights in the defence or settlement of a claim, or to take proceedings in the Insured Person's name for Our own benefit against another party. We will have full discretion in such matters.

We may, at any time, pay to the Insured Persons the full liability under this Policy after which, We will have no further liability in any respect.

In the event that We decide not to underwrite this type of insurance in the Insured Person's Country of Residence, We will give Insured Persons not less than 120 days' notice in writing prior to the next Policy Anniversary Date.

If You want to add another Insured Person to the Policy, We may require a completed application form and charge an appropriate additional premium.

Any dispute as to the interpretation of this **Policy**, or as to any rights or obligations under it will be referred to arbitration. Where a dispute is referred to arbitration, the **Insured Person** will not exercise any right of action against **Us** before an award or decision is made. In the event of the need for arbitration, **We** and **You** will engage ACAS (the Advisory Conciliation and Arbitration Service) in the UK. **We** will fund any and all arbitration costs.

In the event of **Co-insurance**, **We** reserve the right to act on **Your** behalf and pursue another insurance company to recover a proportion of **Our** costs.

Your obligations



Things We need to tell You

Policy termination will be effective from 1 month after the date the notice is received by Us or on any later date as specified in the notification.

If the premium has been paid for any period beyond the date of termination, then subject to there being no claims in progress, a pro-rata refund will be made equivalent to the unexpired portion of the **Period of Insurance** less the **Early Termination** fee (see the **Early Termination** definition for clarification).

We may cancel **Your** Policy if **You** fail to pay **Your** premium on or before the date it is due, or if **We** are unable to collect **Your** premium via **Your** debit or credit card, or if **We** are unable to collect **Your** premium. **We** may allow **Your** cover to continue without **You** having to complete a new application form and 'Declaration of Health' but only if **You** pay any and all outstanding premiums within 30 days of their due date. If **You** incur **Medical Expenses** during this 30 day period, **We** will not settle **Your** claim until **We** have received all of the outstanding premiums.

This Policy will automatically renew for a further 12 months on the Policy Anniversary Date unless You instruct Us otherwise, or You instruct Us to cancel the Policy.

We may remove an exclusion if, in Our opinion, no further Treatment will be either directly or indirectly required for the condition, or for any related condition. There are some personal exclusions that, due to their nature, We will not review. We may ask for an up to date medical report from Your family doctor or Physician. Any costs incurred in obtaining these details are not covered under Your Policy and are Your responsibility.

If the annual premium or instalment payment remains outstanding for more than 30 days **You** can apply to have **Your Policy** reinstated but **You** will have to complete and send to **Us** a new 'Declaration of Health' form, together with a payment representing all of the outstanding premiums. If **Your** health has materially changed, **We** reserve the right to decline to reinstate **Your** Policy, or to continue to insure **You** on special terms.

Individual **Insured Persons**: In the event of non-payment of premiums or a portion thereof, a registered letter will be sent to the **Insured Member**, at least ten (10) days after the due date, informing them that upon the expiration of a period of forty (40) days following the sending of the registered letter, the non-payment of premiums will result in the termination of their **Policy** without further notice. Thereafter, the **Insured Member** will have to apply for a new **Policy**.

Group Scheme members: If the annual premium or instalment payment is outstanding for more than 60 days, **We** will maintain cover while **We** engage **Your** employer to ascertain the reason for non-payment. If, after 60 days, the payment remains outstanding **We** will cancel the **Policy** and inform **Your** employer.

We will not settle any claim until **We** have received all of the outstanding premium. In this situation **You** may want to complete an application form to maintain cover with **Us** directly, and **We** will guarantee **Your** acceptance on the same coverage terms as was provided by the **Group Scheme**, although the premium may be higher.

Your obligations



Things We need to tell You

Policy benefits and premium payments have to be in the same currency. The three currencies available to **You** for premium payment are US Dollars, GB Pounds or Euros. **We** will determine the exchange rate and explain **Our** calculation to **You** upon request.

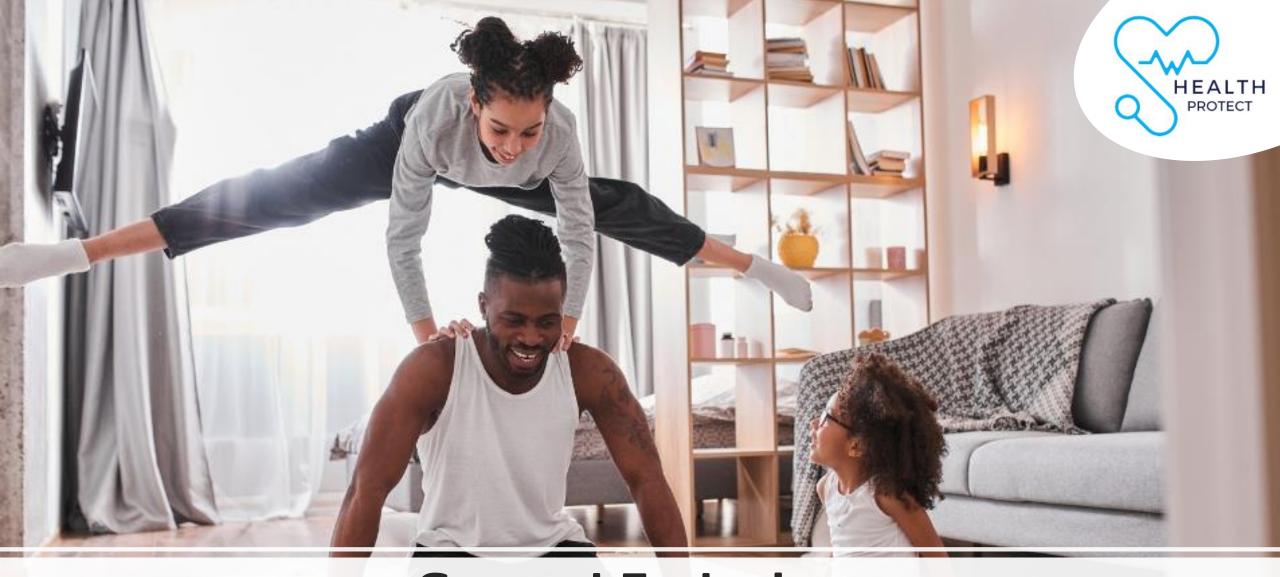
You have a statutory right to cancel Your Policy during the first 14 days from the date of conclusion of the contract, or the date upon which You received the contractual terms and conditions, whichever is later.

Provided **You** have not made a claim or made use of **Your Policy** in any other way, **You** will receive a full refund during this period, minus an admin fee of \$37.50. After this period, there is no statutory right to cancel. However, **You** are still able to cancel **Your Policy** at any stage, in which case **You** must provide notice of at least 1 month to **Us** (see **Early Termination**).

The right to Emergency Medical Transfer or Evacuation assistance will only exist if the Insured Person, a Close Relative or Relative in the First Degree has had prior contact with Us and approval has been given by Us. Expenses will only be paid if We have pre-authorised them.

We will issue a guarantee or, in those instances where such a guarantee is not accepted by the treating provider, arrange payment through the **Insurer** for the costs relating to a medically necessary **Hospital** admission, subject to the terms and conditions of that **Insured Person**'s chosen cover.

All decisions relating to the medical need for transport, the means and/or timing of any transport, the medical equipment and medical personnel to be used, and final destination are medical decisions, and will be made and agreed by a **Physician** designated by **Us**, in consultation with a local attending **Physician** based on medical factors, evidence and healthcare considerations.



These are the exclusions that apply to all Policies



These things are always excluded under Your Policy

Artificial life maintenance - We will not pay for mechanical ventilation, where such Treatment will not, or is not expected to, result in Your recovery or restore You to Your previous state of health.

For example: **We** will not pay for artificial life maintenance when **You** are unable to feed and breathe independently and require Percutaneous Endoscopic Gastrostomy (PEG) or nasal feeding for a period of more than 30 continuous days.

Birth control - We will not pay for any type of contraception, male or female sterilisation, or family planning.

Conflict and disaster - We will not pay for any claim where You suffer an Accident, Bodily Injury, or Illness, directly attributable to You placing yourself in danger. For example: by entering a known area of conflict (whether or not You were an active participant), or You disregard Your own personal safety. Areas of danger and conflict would include:

- Nuclear or chemical contamination.
- · War & invasion.
- · Civil war, rebellion, revolution, insurrection.
- Terrorist acts.
- · Military or usurped power.
- · Martial law.
- Civil commotion, riots, or the acts of any lawfully constituted authority.
- Hostilities, army, naval or air services operations whether war has been declared or not.

<u>Congenital conditions</u> - **We** will not pay for **Treatment** of **Congenital Defects** received after the first 90 days following birth for any abnormality, deformity, **Illness** or **Bodily Injury** present at birth, whether diagnosed or not, except **Cancer**.

<u>Consequences of not following medical advice</u> - **We** will not pay for any **Treatment** required as a consequence of not following the medical advice given and **Treatment** plan recommended by **Your** treating **Physician** including taking medications as prescribed, undergoing further **Treatment**, and attending follow up consultations and tests to ensure **Your** medical condition is managed correctly.

These are the exclusions that apply to all Policies



These things are always excluded under Your Policy

Convalescence and admission for general care - We will not pay for Hospital accommodation when it is used solely or primarily for any of the following purposes:

- Convalescence, supervision, pain management, or for any purpose other than receiving eligible Treatment, of a type which normally requires You to stay in Hospital.
- Receiving general nursing care or any other services which do not require You to be in Hospital, and could be provided in a nursing home or other establishment that is not a Hospital.
- Receiving services from a therapist or complementary medicine practitioner.
- · Receiving services which would not normally require trained professionals.

<u>Cosmetic **Treatments**</u> and their consequences - **We** will not pay for **Treatment** undergone for cosmetic or psychological reasons to improve **Your** appearance, such as a remodelled nose, facelift, abdominoplasty, or cosmetic dentistry. This includes:

- Dental implants to replace a sound natural tooth.
- Hair transplants for any reason.
- Treatment related to or arising from the removal of non-diseased, or surplus or fat tissue, whether or not it is needed for medical or psychological reasons.
- Any **Treatment** for a procedure to change the shape or appearance of breasts whether or not it is needed for medical or psychological reasons, unless for reconstruction carried out as part of the original **Treatment** for **Cancer**. In this instance, **You** must obtain **Our** written consent before receiving the **Treatment** (see 'Reconstructive or remedial surgery' in this section).
- Any medical **Treatment** that is required as a result of cosmetic procedures, or arising as a complication of such procedures.

COVID-19 - We will not pay for:

- Any **Treatment** costs incurred during the first 30 days from the **Commencement Date**.
- Fees relating to voluntary tests, including tests for travel purposes for business or leisure, or for where You have not been referred by a Physician.

<u>Deafness</u> - **We** will not pay for **Treatment** for or arising from deafness or partial hearing loss caused by a congenital abnormality, industrial processes, or ageing.

<u>Dental Treatment</u> and gum disease - We will not pay for surgical operations for the Treatment of bone disease when related to gum disease or damage, or Treatment for, or arising from disorders of the jaw bone.

Developmental problems - We will not pay for Treatment related to learning differences, such as dyslexia, ADHD, and autism, or linked to developmental problems that are usually addressed in an educational setting.

These are the exclusions that apply to all Policies



These things are always excluded under Your Policy

<u>Donor organs</u> - **We** will not pay for **Treatment** costs related to:

- Transplants involving mechanical or animal organs.
- The removal of a donor organ from a donor.
- The removal of an organ from **You** for the purposes of a transplant for another person.
- · The harvesting and storage of stem cells, when this is carried out as a preventive measure against future possible Illness.
- The purchase of a donor organ.

Eating disorders – We will not pay for Treatment directly related to achieving a cure of, or improvement to, any eating disorder, including admission to specialist facilities. This exclusion does not affect Your entitlement to Treatment for Acute Conditions and other conditions which present an immediate or imminent threat to life.

<u>Elective Home Country Treatment</u> - We will not pay for transport or personal accommodations costs incurred as a result of you choosing to receive treatment in your home country rather than in your country of residence, where there is no medical necessity for you to travel outside of your country of residence.

Experimental or unproven **Treatment** - **We** will not pay for:

- Clinical tests, **Treatments**, equipment, medicines, devices or procedures that are considered to be unproven with regards to safety and efficacy and / or might be awaiting clinical approval from the authorising health care authority in the country of **Treatment**.
- Any test, Treatment, equipment, medicine, device or procedure that is not considered to be in standard clinical use or is under investigation in clinical trials with respect to its safety and efficacy.
- Any tests, Treatment, equipment, medicine, products or procedures used for purposes other than defined under its licence, unless this has been pre-authorised by Us.

Eyesight & eye surgery - We will not pay for Treatment, equipment or surgery to correct eyesight, such as laser Treatment, Refractive Keratotomy (RK), and Photorefractive Keratotomy (PRK).

Fertility Treatment - We will not pay for Treatment to assist reproduction, including but not limited to IVF Treatment. We will not be liable for medical Treatment costs for any form of assisted reproduction or its direct consequences.

Footcare - We will not pay for Treatment for corns, bunions, calluses, or thickened or misshapen nails.

These are the exclusions that apply to all Policies



These things are always excluded under Your Policy

Genetic testing - We will not pay for any genetic testing, whether diagnostic or to determine the likelihood of future Illness.

<u>Harmful or hazardous use of alcohol, drugs and/or medicines</u> - **We** will not pay for **Treatment** arising, directly or indirectly, from the deliberate misuse of any harmful and / or hazardous substance including alcohol, adhesive substances, gases, drugs or **Prescription Drugs and Medicines**, including the consequences of misuse.

Health hydros, nature cure clinics - We will not pay for Treatment or services received in health hydros or nature cure clinics.

Home birth - We will not pay for deliveries or consequences leading to treatment of the mother or the new-born, or midwifery costs associated with the delivery or any complications which may arise as a result of a planned home birth.

<u>Illegal activity</u> - We will not pay for **Treatment** which arises, directly or indirectly, as result of **Your** deliberate participation (whether actual or attempted) in any illegal act in **Your Country of Residence** or where the incident occurred.

Maternity - We will not pay for:

- · Home births and any consequences resulting in treatment of the new-born or mother resulting from a home birth.
- · Costs relating to other conditions arising from pregnancy or childbirth, but which could also develop in people who are not pregnant.
- Any Maternity costs for Insured Persons not covered under a Group Scheme.

 $\underline{\text{Obesity}} \text{ -} \textbf{We} \text{ will not pay for any } \textbf{Treatment} \text{ required to control obesity or achieve weight loss.}$

These are the exclusions that apply to all Policies



These things are always excluded under Your Policy

Personal accident - We will not pay for Bodily Injury caused or contributed to, directly or indirectly, by:

- The Insured Person's suicide or self harming.
- The Insured Person's deliberate exposure to exceptional danger (except in an attempt to save human life).
- The **Insured Person**'s own criminal act.
- The Insured Person being under the influence of any type of poison.
- Bacterial infections (except pyogenic infection which will occur through or with accidental cut or wound).

Personality disorders - We will not pay for Treatment of personality disorders, including but not limited to:

- Affective personality disorder.
- · Schizoid personality (which is distinct from schizophrenia).
- Histrionic personality disorder.

Physical aids and devices - We will not pay for any physical aid or device which is not a prosthetic implant, prosthetic device, or considered an appliance.

Physiotherapy - We will not pay for ante-natal and Maternity exercises, manual therapy, sports massage or occupational therapy.

Preventative and wellness Treatment - We will not pay for health screening, including routine Health Checks, or any preventative tests or treatments, other than those explicitly mentioned as covered.

Reconstructive or remedial surgery - We will not pay for Treatment required to restore Your appearance after an Illness, Bodily Injury or previous surgery, unless:

- The **Treatment** is a surgical operation to restore **Your** appearance after an **Accident**, or as the result of surgery for **Cancer**, if either of these takes place during **Your** current continuous membership of the **Policy**.
- The **Treatment** is carried out as part of the original **Treatment** for an **Accident** or **Cancer**.
- You have obtained Our written consent before the **Treatment** takes place.

These are the exclusions that apply to all Policies



These things are always excluded under Your Policy

Sexually transmitted Illnesses and sexual problems - We will not pay for the Treatment of any sexual problem including sexually transmitted illnesses and impotence (whatever the cause).

Self-inflicted injury - We will not pay for any self-inflicted injury, needless self-exposure to peril (except in an attempt to save human life), suicide, or attempted suicide.

Sleep disorders - We will not pay for Treatment, including sleep studies, for insomnia, sleep apnoea, snoring, or any other sleep-related problem.

Speech disorders - We will not pay for Treatment for speech disorders, including stammering or speech developmental delays, unless all of the following apply:

- The **Treatment** is short term therapy which is medically necessary as part of active **Treatment** for an **Acute Condition** such as a stroke; and
- The speech therapy takes place during and/or immediately following the **Treatment** for an **Acute Condition**, and
- The speech therapy is recommended by the **Physician** in charge of **Your Treatment**, and is provided by a therapist.

Sports - We will not pay for any Accident, Bodily Injury, Illness, if the Insured Person was participating in a Sport where one or both of the following conditions are met:

- The Sport was undertaken in a professional or semi-professional capacity, whether or not under a contract for remuneration, and including training for such activities; and/or,
- The **Sport** was not undertaken in accordance with safety requirements or instructions, regardless of the capacity in which it occurred.

Stem cells - We will not pay for the harvesting or storage of stem cells. For example ovum, cord blood, or sperm storage.

Surrogacy - We will not pay for Treatment directly related to surrogacy. This applies to You act as a surrogate, and to anyone else acting as a surrogate for You.

Termination of pregnancy - We will not pay for the termination of a pregnancy other than medically necessary Treatment if there is a danger to the mother's life.

Travel costs for Treatment - We will not pay for any travel costs related to receiving Treatment, unless they relate to medically necessary travel by:

- · Local air ambulance.
- · Local road ambulance.
- And their sole destination is a local health care facility or Hospital.

These are the exclusions that apply to all Policies



These things are always excluded under Your Policy

Treatment for or related to gender dysphoria - We will not pay for Treatment of any kind, including surgical, cosmetic, and hormonal Treatment, for or related to gender dysphoria.

<u>Treatment for or related to undeclared Pre-Existing Medical Conditions</u> – Relating to individual **Policies**, **We** will not pay for **Treatment** arising from conditions that were not declared to **Us** at the point **You** applied for the **Policy**.

<u>Unrecognised medical practitioner, provider or facility</u> - **We** will not pay for:

- Treatment provided by a Physician, Hospital or healthcare facility that is not recognised or licensed by the relevant health authority in the country where the Treatment takes place as having specialist knowledge, or expertise in, the treatment of the Bodily Injury, or Illness.
- Self-Treatment or Treatment administered to You by anyone with the same residential address as You.
- Treatment performed by a Physician related to the Insured Person, unless approved by Us.
- Alternative medicines, customary or religion-based medicines, homeopathy, or reflexology Treatments, other than any explicitly covered by this Policy.
- Treatment provided by a Physician, Hospital or healthcare facility to whom We have sent a written notice notifying them that We no longer recognise them for the purposes of Our Policies.



How to make a claim

How to make a claim

The steps You need to take in order to make a claim



If **You** need to make a claim, please contact **Us** using the following details:

E-mail - <u>claims@healthcareinternational.com</u>
Telephone - +44 (0) 20 3906 4000 or +44 (0) 20 7590 8816

If **You** are in an emergency and need **Our** immediate assistance, please use the following details:

Tel.: +44 (0)20 7590 8816 or +44 (0)20 3906 4000

USA Claims: 1-888-689-9661

(Toll free number within USA and Canada)

In the event of a claim, benefit payment is likely to be paid in the currency **You** have elected. Medical service providers may be paid in their local currency.

Benefits are payable to the healthcare provider unless agreed otherwise. Where **You** incur costs that are covered as part of a valid claim, they will be reimbursed to **You** directly by **Us**, subject to the submission of receipts and evidence of expenditure. Benefit payments will be processed by claims administrators, specialising in the handling of medical claims, who are appointed by **Us**.

In the event of the **Insured Person**'s incapacity, their **Close Relative** will have the right to act for them or their estate.

Notice of claim and time limitation

A claim must be submitted to **Us** in writing. It must give proof of the nature and extent of the loss. Please contact **Our** claims administrators for a claim form.

All claims should be reported promptly. **We** request that a claim for any benefits is filed up to 180 days after the date of the loss causing the claim; however, **We** will consider claims filed up to 2 years after the date of the loss causing the claim. After expiration of this term, the **Insured Person**, has no rights or obligations.

After termination of this **Policy**, claims for expenses incurred while the policy was in force shall be considered if they reach **Us** within 2 years of the event that caused the claim. No action for the recovery of any claim for benefits shall be sustainable thereafter.

How to make a claim

The steps You need to take in order to make a claim



- You must make contact with Us and obtain pre-authorisation for treatment before You incur costs where you may require In-Patient or Day Patient treatment (other than in the case of a medical emergency), as well as Travel Expenses and ancillary costs.
- In the case of an emergency, and if You cannot physically contact Us immediately, the medical provider, a Close Relative or Relative in the First Degree must contact Us within 48 hours.
- You must make no admission of liability, offer, promise or payment without Our prior consent.
- Your claim may not be paid if You do not have pre-authorisation for Treatment relating to the following:
 - o All In-Patient and Day-Patient surgery and Treatment benefits.
 - o MRI (Magnetic Resonance Imaging) scans.
 - o Convalescence facility and nursing care (**In-Patient** only).
 - o Pregnancy and childbirth (In-Patient only).
 - o Psychiatric **Treatment** for metal and nervous disorders; alcohol and drug abuse, and speech therapy.
 - Eye surgery.
 - o Palliative (In-Patient and Day-Patient Treatment only);
 - o Emergency Medical Transfer or Evacuation.
 - o Travel Expenses for one Close Relative or friend accompanying an evacuated / repatriated Insured Person.
 - o Repatriation of mortal remains.
 - Elective Home Country Treatment
- **We** reserve the right not to pay 100% of your claim costs if pre-authorisation was not obtained for the medical **Treatment** required. If, after the event, it transpires that such **Treatment** was proven medically necessary, and no pre-authorisation was sought, **We** may cover only 75% of **Your** claim costs.
- For **Hospital** charges guaranteed by **Us** prior to **You** receiving **Treatment**, **You** agree to reimburse **Us** the amount of the **Deductible** and any **Co-Insurance** amount specified in the **Certificate of Insurance**, prior to the date upon which **We** are required to guarantee such **Hospital** charges.
- In respect of all other claims, these must be notified to **Us** as soon as practically possible. A claim form must be forwarded to **Us** which should be completed and returned together with the original claim cost invoices and other supporting documentation. Emailed and scanned documents are acceptable.
- Where You received Treatment as an Out-Patient, You must pay all costs in full at the time of receiving the Treatment. You must then submit a claim to Us for reimbursement.
- Evidence of costs incurred must be submitted to **Us** within 180 days of the date the **Treatment** started.
- Reimbursement claims will be settled with You in the currency of which You paid the premium. We will apply an exchange rate taken from HSBC, Barclays, Royal Bank of Scotland, or Lloyds Bank, on the day of payment.
- Hospitals, Physicians, pharmacies and other providers have information We may need to determine eligibility for Your benefits under this Policy. You agree that, within the limitations of the law of the country in which Treatment occurs, to authorise any Physician, Hospital, pharmacy or other medical facility to share information with Us at Our request. We will be responsible for any associated costs. This may include the diagnosis and history of any Illness or symptom You may have had, or other medical information. We will keep this information confidential to the extent permitted and required by law. If such information relates to fraud or misrepresentation, We may disclose it to the police or other relevant authorities and / or use it in legal proceedings.



Complaints & Contacts

How to make a complaint The steps You need to take in order to make a complaint



We trust You will be satisfied with Your Policy, but in the event that You do have any cause for a complaint, the most important thing for Us is to help resolve your concerns as quickly as possible.

If You wish to make a complaint, please contact HealthCare International Global Network Limited (HCIGN) using the following details. HCIGN is a company within the HCI Group, and is authorised and regulated by the Financial Conduct Authority (FCA). Complaints will be handled primarily in accordance with the FCA's rules.

The HCI Group acts as a Managing General Agent on behalf of MGEN. For certain types of complaints, MGEN is ultimately responsible and can be reached using the following details. When You submit a complaint to Us, We will tell You whether the complaint is within Our remit or that of MGEN. However, You are of course at liberty to contact MGEN directly at any time. We will investigate and respond to Your concerns as quickly as possible; however, **We** have up to 8 weeks to render a final decision.

Our contact for complaints is:

Director of Governance & Risk

Email: compliance@healthcareinternational.com

Tel: +44 (0) 20 7590 8816

Post: HealthCare International Global Network Ltd, WRAP, 83 Queens Road, Brighton, East Sussex, BN1 3XE, United Kingdom

Complaints will be handled fairly and promptly and in an independent manner, obtaining additional information as necessary. We will always communicate with complainants clearly and in plain language that is easy to understand, and will reply to the complaint without undue delay.

If You are not satisfied with Our final response to Your complaint, You may be entitled to refer it to the UK Financial Ombudsman Service and request that they investigate the matter further on Your behalf.

Email: complaint.info@financial-ombudsman.org.uk

Tel: 0800 023 4567 (free from mobile phones and landlines)

Post: Financial Ombudsman Service, Exchange Tower, London, E14 9SR, United Kingdom

Website: www.financial-ombudsman.org.uk

If You would like to address Your complaint directly to the Insurer, their contact details are:

MGEN and MGEN Portugal

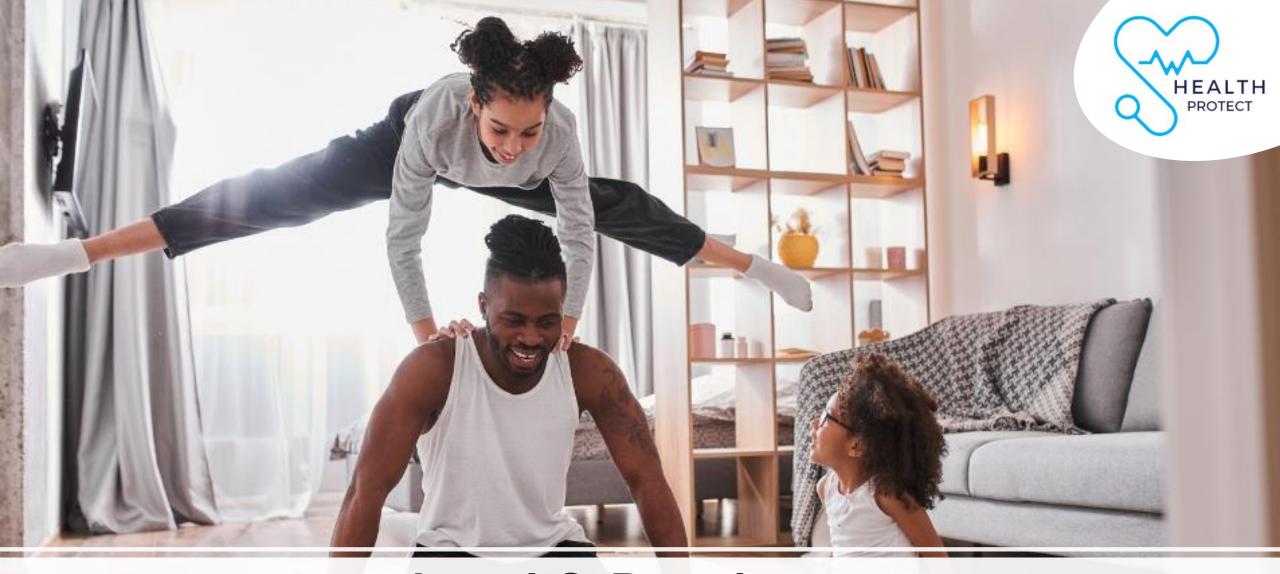
Email: clients@vyv-ib.com

Post: VYV International Benefits, 3 Square Max Hymans, 75748 Paris Cedex 15, France

For Groups schemes: In the event of disagreement with a decision by the Insurer and having exhausted all means of appeal offered by the Insurer, the Insured Person may contact the MGEN ombudsman at CNPM - Médiation - Consommation, 27 Avenue de la Libération 42400 Saint-Chamond or on the dedicated website: https://www.cnpm-mediation-consommation.eu

For individuals:

For the health and assistance benefits covered by MGEN Portugal: In the event of disagreement with a decision by the Insurer and having exhausted all means of appeal offered by the Insurer, the Insured Person may contact the MGEN Portugal ombudsman - La Médiation de l'Assurance - TSA 50110 75441 - Paris Cedex 09, France or by email to the following address: le.mediateur@mediation-assurance.org or on the dedicated website on www.mediation-assurance.org



Legal & Regulatory

Legal and regulatory information



Incorporation Details

Company: HealthCare International Europe GmbH

Registered address: Kamener Str. 110, 59425 Unna

Telephone: +49 2303 9409904

Email: lan.Wood@healthcareinternational.com

Managing Director: lan Wood

Commercial register: Registry court of Hamm, HRB 10577

Tax number: 316/5736/0646

Intermediary Status

Information pursuant to § 11 of the Ordinance on Insurance Brokerage and Consulting (VersVermV):

HealthCare International Europe GmbH is an independent insurance intermediary and is registered with the Dortmund Chamber of Industry and Commerce under registration no. D-IVZX-JTLRH-97 in the insurance intermediary register in accordance with § 34 d para. 1 Gewerbeordnung.

Validation

The entry in the intermediary register can be validated as follows:

Deutscher Industrie- und Handelskammertag e. V., Breite Str. 29, 10178 Berlin, Tel.: +49 (0) 180-500-585-0, www.vermittlerregister.org

Licensing authority:

IHK zu Dortmund, Märkische Str. 120, 44141 Dortmund, Tel.: +49 (0) 231 54170, Fax: +49 (0) 2381 921410, www.dortmund.ihk24.de

MGEN Authority:

The authority responsible for regulating MGEN is the Autorité de Contrôle Prudentiel et de Résolution (ACPR), 4 Place de Budapest - CS 92459 - 75436 Paris Cedex 09, France.

MGEN Portugal Authority:

The supervisory authority for MGEN Portugal is the Autoridade de Supervisão de Seguros e Fundos de Pensões located at Av. da República 76, 1600-205 Lisbon, Portugal.

Important information



The contract

Unless **We** agree otherwise with **You**, the law which applies to this insurance is that of the United Kingdom. Any legal proceedings between **Us** and **You** in connection with this insurance will only take place in the courts of the United Kingdom. The contractual terms and conditions and other information relating to this contract will be expressed in the English language.

This contract does not give, or intend to give, rights to anyone other than **You**, **Us** and anyone covered under the **Policy**. No one else can enforce any part of this contract. **Your Policy** provides **You** with a range of benefits. Not all benefits contained in this **Policy** may apply to **You**. The benefits **You** have selected will be shown in **Your Policy** schedule and are subject to the terms, conditions and exclusions set out in this **Policy** document as well as any subsequent written notices sent to **You** by **Us** or **Your** broker.

The **Policy** is not complete without a **Policy** schedule. **Your Policy** schedule will be issued to **You** if **Your** application for insurance is accepted. **Your Policy** will be in force for the **Period of Insurance** shown on **Your Policy** schedule and cover **You** and others named on the schedule for the **Insured Events** that occur during that period.

This document, the application form, **Certificate of Insurance**, and schedule are proof of **Our** contract and should be read as if they are one document. Please read them carefully to ensure that **Your** cover is exactly what **You** need and keep all documents in a safe place.

When creating this contract, **We** have relied on the information and statements **You** have provided. If **You** give **Us** incorrect or incomplete information, the wrong terms may be quoted and **We** may be entitled to reject payment of a claim, or payment could be reduced. In certain circumstances **Your Policy** might be invalid, and **You** may not be entitled to a refund. It is important, therefore, to ensure that information **You** have provided to **Us** is accurate and complete.

Cancellation



Your right to cancel

You have a statutory right to cancel Your Policy during the first 14 days from the date of conclusion of the contract, or the date upon which You received the contractual terms and conditions, whichever is later. Provided You have not made a claim or made use of Your Policy in any other way, You will receive a full refund during this period.

If **Your Policy** is cancelled during the 14 day cooling off period, **We** will return the premium paid for the plan as long as no claims have been made, nor a guarantee of payment issued under the **Policy**. If **You** make a claim within a 14 day period from the start of cover, the **Insurers** reserve the right to require reimbursement from **You** for the services provided in connection with **Your Policy** to the extent permitted by law; the return of premiums will be dependent on this. If **You** do not cancel the plan during the cooling off period, **Your Policy** will continue on the terms described in the **Policy** for the remainder of the **Period of Insurance**. Exercising the right to cancel within the cooling off period results in the termination of membership of the **Policy** from the date of receipt of the notice in writing by the administrator.

Your membership may be terminated:

At the **Insurer's** initiative:

- If You don't pay the premiums.
- On the date on which You are no longer a member of the Policyholder.
- In the event of misrepresentation.

At **Your** initiative:

- On the **Renewal Date** of the contract, by notifying **Us** at least 2 months before this date.
- At any time during the year, after the expiration of a minimum period of 12 months from the date of the first subscription to the contract. Please see Early Termination.

In addition, Your membership will be automatically terminated in the event of termination of a Group Scheme contract.

Cancellation form

This page may be printed or filled in electronically



If You wish to cancel, please complete these details and submit the form to Us	
Your name	
Your Policy number	
Do You wish to cancel Your Policy ?	
When did Your Policy begin?	
What is Your Country of Residence ?	
What is Your address?	
Sum requested by reimbursement	
Signature	
Date	
Please note, the use of this form is not mandatory; You may also notify us of Your wish to cancel by other means. This form is included for Your convenience.	

About HCI Group



HCI Group is a Managing General Agent that manufactures and distributes private medical insurance around the world. **Our** products are primarily designed to meet the needs of internationally mobile individuals and groups, who may be living outside their **Home Country**, who need insurance to cover the cost of a range of medical expenses and other unexpected costs. **Our** products may also be suitable for some individuals and groups who are living in their **Home Country**, subject to certain conditions. If **Your Country of Residence** is the same as **Your Home Country**, please let **Us** or **Your** broker know so that **We** can make sure **We** are able to offer **You** cover.

HealthCare International Europe GmbH is based in Germany and is regulated by The German Federal Financial Supervisory Authority (BaFin) and the local Chambers of Industry and Commerce (IHK). The basis **Our** regulation can be found in the German Industrial code (GewO). HCl Group staff operate from the United Kingdom and Germany. **Our** entity in the United Kingdom is HealthCare International Global Network Limited, which is authorised and regulated by the Financial Conduct Authority.

Your **Insurer** will be either MGEN or MGEN Portugal as confirmed on **Your Certificate of Insurance**.

MGEN: Our products are underwritten by VYV International Benefits, representing MGEN, and MGEN Portugal.

Insurer for **Group Schemes** of 6 or more

MGEN, registered under the number SIREN 775 685 399, 3-7 Square Max Hymans, 75748 PARIS Cedex 15, governed by the Code de la mutualité (the French Mutual Insurance Companies Code).

Insurer for the health and assistance benefits relating to individual **Policies**

MGEN Portugal, Companhia de Seguros, S.A, Portuguese insurance company regulated by the Authority of Supervision of Insurance and Pension Funds, with a share capital of 7,500,000 euros, registered under the number 517503131, and its registered office located 11 Rua Duque de Palmela, Piso 1, A 1250-097, Lisbon, Portugal

Assistance provider for all **Policies**

LLT Consulting, 18 quai Georges Simenon, 17 000, La Rochelle, SAS registered with the RCS of La Rochelle under the number 828 002 188, and which operates under the name of VYV International Assistance.

Important information



Data protection

Please read the following carefully, as it contains important information relating to the details that **You** have given to **Us**. By entering into this agreement with **Us**, **You** are agreeing to the terms of **Our** privacy policy. If **You** are providing personal data of another individual to **Us**, **You** must tell them **You** are providing their information to **Us** and show them a copy of this notice.

HCI Group is the data controller of any personal information **You** provide to **Us** or personal information that has been provided to **Us** by a third party. **We** collect and process information about **You** in order to arrange **Your** insurance **Policy** and to process claims. **Your** information is also used for business purposes such as fraud prevention and detection. This may involve sharing **Your** information with third parties including **Insurers**, brokers, insurance intermediaries such as managing general agents, reinsurers, claims handlers, loss adjusters, credit reference agencies, service providers, professional advisers, **Our** regulators, police and government agencies or fraud prevention agencies.

You have the right of access, rectification or deletion, limitation of the processing of their data, portability, opposition to processing, along with the right to provide instructions on the outcome of Your data after Your death. You can exercise Your rights towards:

- MGEN or MGEN Portugal: Data Protection Officer, VYV International Benefits – 3 square Max Hymans, 75748 Paris Cedex 15, France or by e-mail: dpo@vyv-ib.com

We may record telephone calls to help **Us** monitor and improve the service **We** provide. For full details on how **Your** information is gathered and protected, please see **Our** privacy policy at www.healthcareinternational.com/privacy-policy.